

**CALLERLAB**  
**Sustainable**  
**Square Dancing**  
**(SSD)**

**12 WEEK – 50 CALL**  
**LESSON PLANS**

**All Standard Applications – Let's All Dance!**

*Revision xxiv*

# SSD Lesson Plans

## ***About This Document***

This document is intended for use by callers or dance leaders who wish to use the Sustainable Square Dance lesson system with their new students. It is a product of the CALLERLAB Sustainable Square Dance Ad Hoc Committee, which was commissioned in 2016 to define the system, develop, and provide deliverable materials to support it.

Suggestions, comments, or questions regarding this document or its content may be directed to the SSD Ad Hoc by sending an email to [info@callerlab.org](mailto:info@callerlab.org).

The Sustainable Square Dance system is an experimental lesson system that has received CALLERLAB Board of Governors approval for distribution. As such, it is not a formal CALLERLAB program as are the Basic, Mainstream, Plus, Advanced, and Challenge programs. Attaining that status rightfully requires a long chain of approvals, culminating in a full vote of the entire CALLERLAB membership.

As an experimental lesson system, it is offered for people to try and hopefully report back on their experiences with it. That feedback will determine what adjustments might be necessary, what supporting deliverables are needed, and ultimately whether SSD is adopted as a formal program. This means it is important that callers not only try it, but provide feedback on their experience with it.

## ***The Sustainable Square Dancing Philosophy***

This document describes a 50 Call Entry Level teaching system and a 12 week teaching order with lesson plans. The argument for the need for the Sustainable Square Dance system is available elsewhere. Suffice it to say that we believe a system like this is necessary to reconstruct a solid, vibrant, and sustainable base of core dancers in North America. This document is concerned with presenting sample material that can be used as a guideline for callers in establishing a minimum level of competency for their new SSD dancers.

Both the need for and the success of the SSD initiative hinge on a single basic fact. New dancers must attend lessons for too long before they can dance “in the wild”. The length of the lessons deters many prospective dancers and results in fewer potential new-dancer intakes each year. The SSD system provides a vehicle for teaching more quickly, yet also provides regular dances SSD graduates can attend without learning new calls.

The bulk of the material contained in this document uses *Standard Applications (SA)*. A small number of routines contain gimmicks or a slightly uncommon usage. These have been termed *Standard Application with Variety (SAV)*. Other routines are examples of *Extended Application (EA)* usage.

In the past, CALLERLAB has published “Standard Application” documents for Mainstream and Plus which were intended to document call usages that could be expected to meet with near universal success. Applications listed are assumed to be those that almost all dancers would dance smoothly. The term “Standard Application” as used in the context of this lesson plan is not restricted solely to uses presented in those earlier documents.

# SSD Lesson Plans

“Standard Applications,” in our view, refers to well-presented, smooth flowing, and well-timed, choreography that uses familiar formations and arrangements and has a very high chance of being danced successfully. Dancers taught using this lesson plan will be well exposed and familiar with the applications marked “Standard”.

We view the Standard Applications with Variety (SAV) as stepping stones to Extended Applications and as routines that are easy enough for new dancer success. As such, SAV includes routines that lie outside the collection of tired and true square dance clichés, which have unfortunately become Club Dancing staples.

Extended Applications include practically everything else. A mix of a little EA into a solid SA program can produce a great dancing experience for your dancers and be *truly memorable*. Too much EA can also be truly memorable, coupled with a *bad experience*. It is our goal to provide the tools to arm callers to generate many more positive experiences and dancer enthusiasm than current alternatives provide.

For SAV and EA material an effort was made to clearly indicate these departures from SA. In this version of the document, SAV routines appear at the end of patter and singing call sections within each lesson. The EA routines appear at the end of the document. It is hoped that the document as a whole provides a brief view into the kind of calling that has the potential to energize dancers and generate enthusiasm.

We do not make the claim that this document comprises the entirety of what is possible or appropriate for an SSD dance. Supplementary materials, including other documents and instructional videos, to be provided at a later date, will begin to fill in the SSD system’s total picture with more detail.

However, we believe this document is a good starting place, and that it can be used to jumpstart a new approach that has the potential to make a positive difference in the activity. Discussion among participating callers is highly encouraged, and this document can serve as a common reference point. As such, we view it as a *living document*, which is likely to experience many revisions as time progresses.

Only by entertaining and consistently conveying our passion for the activity to our dancers will excitement and enthusiasm for it spread. Enthusiastic and passionate dancers will attract others, and the core base, which can ultimately be sustained, will grow.

# SSD Lesson Plans

## Lesson 1

Circle Left / Circle Right  
Forward and Back  
Dosado  
Swing  
Promenade  
*(Couples / Single File / Wrong Way / Star)*  
Allemande Left / Arm Turns  
Right & Left Grand  
*(Weave the Ring / Wrong Way Grand)*  
Left-Hand Star / Right-Hand Star  
Courtesy Turn / Ladies Chain  
Pass Thru  
Wheel Around / Reverse Wheel Around

## Lesson 2

Star Thru / Slide Thru  
Half Sashay / Rollaway / Ladies In Men Sashay

## Lesson 3

California Twirl  
Bend the Line  
U-Turn Back / Backtrack  
Dive Thru

## Lesson 4

Square Thru  
Grand Square

## Lesson 5

Lead Right / Lead Left  
Veer Left / Veer Right  
Circulate *(Couples / Named Dancers)*  
Trade *(Couples / Named Dancer)*  
Chain Down the Line

## Lesson 6

Right & Left Thru  
Flutterwheel / Reverse Flutterwheel  
Sweep a Quarter

## Lesson 7

Circle to a Line  
Separate  
*Around 1 or 2: (To a Line / Come Into the Middle)*  
Split 2  
Wheel & Deal  
Double Pass Thru  
First Couple Go Left/Right, Next Couple Go Right/Left

## Lesson 8

Ocean Wave Family  
*Step to a Wave / Dosado to a Wave*  
Alamo Style / Balance  
Trade *(Named Dancers, Right/LEFT-HAND)*  
Swing Thru  
Run / Cross Run

## Lesson 9

Pass the Ocean  
Extend  
Zoom

## Lesson 10

Centers In  
Cast Off  $\frac{3}{4}$   
Ferris Wheel  
Partner Trade  
Trade By

## Lesson 11

Box the Gnat  
Hinge *(Single / Couples)*  
Touch  $\frac{1}{4}$   
Circulate *(Named Dancers / All 8 / Single File)*  
Tag the Line / Half Tag

## Lesson 12

Circulate *(Split / Box)*  
Fold / Cross Fold  
Scoot Back  
Recycle

# SSD Lesson Plans

## Sustainable Square Dancing

Club: \_\_\_\_\_ Lesson Dates: From \_\_\_\_\_ To \_\_\_\_\_

Lesson	#	Lesson Call	1	2	3	4	5	6	7	8	9	10	11	12	Comments
1	1	Circle Left / Circle Right – <i>fractional</i>													8 and 4 dancer circles (2 optional)
	2	Forward and Back													Make sure to use perfect timing
	3	Dosado													NO CHEATING
	4	Swing													Use Sicilian Circles
	5	Promenade ( <i>Couples / Single / Wrong Way / Star</i> )													Fractional. Boys or girls roll out and single file the other way - "Backtrack"
	6	Allemande Left / Arm Turns													
	7	Right & Left Grand / Weave the Ring													Fractional / Wrong Way Grand
	8	Left-Hand Star / Right-Hand Star													
	9	Courtesy Turn / Ladies Chain													
	10	Pass Thru													
	11	Wheel Around / Reverse Wheel Around													Rev. Wheel Around may be deferred.
2	12	Star Thru / Slide Thru													2nd night, must re-teach all
	13	Half Sashay / Rollaway / Ladies In Men Sashay													Half Sashay Family
3	14	California Twirl													2-couple drills and walk-throughs
	15	Bend The Line													
	16	U-Turn Back / Backtrack													
	17	Dive Thru													
4	18	Square Thru													Square Thru BEFORE Right & Left Thru.
	19	Grand Square													Have them CLAP on every 4th beat. 32 beats, NO CHEATING.
5	20	Lead Right / Lead Left													
	21	Veer Left / Veer Right													
	22	Circulate ( <i>Couples / Named Dancers</i> )													
	23	Trade ( <i>Couples / Named Dancers</i> )													
	24	Chain Down the Line													
6	25	Right & Left Thru													Teach LEFT Square Thru as a Variant of Square Thru
	26	Flutterwheel / Reverse Flutterwheel													
	27	Sweep A Quarter													
7	28	Circle To A Line													
	29	Separate <i>Around 1 or 2: (To a Line / Come into the Middle</i>													Be sure to include Separate and <Anything>.
	30	Split Two													Combine with Around 1,2 (to a line or down the middle)
	31	Wheel & Deal													
	32	Double Pass Thru													
	33	First Couple Go Left/Right, Next Go Right/Left													

# SSD Lesson Plans

## Sustainable Square Dancing

Club: \_\_\_\_\_ Lesson Dates: From \_\_\_\_\_ To \_\_\_\_\_

Lesson	#	Lesson Call	1	2	3	4	5	6	7	8	9	10	11	12	Comments
8	34	Ocean Waves (Dosado / Step to a Wave)													Directional Swing Thru using Trades
	(34)	Alamo Style / Balance													Teach Balance and use it properly
	(23)	Trade (Named Dancers / Right/LEFT-HAND)													
	35	Swing Thru													Teach Left Swing Thru as a variant.
	36	Run / Cross Run													Ok to defer Cross Run off until later
9	37	Pass The Ocean													Circulate from waves early
	38	Extend													
	39	Zoom													

**This is a Crucial Time for Review. Slow Down and Let 'em Dance 😊**

10	40	Centers In													Same facing direction only
	41	Cast Off 3/4													
	42	Ferris Wheel													
	(23)	Partner Trade													Teach Partner Trade, Named Dancers, Leaders, etc.
	43	Trade By													
11	44	Box the Gnat													
	45	Hinge (Single/Couples)													
	46	Touch 1/4													
	(22)	Circulate (Named Dancers / All 8 / Single File)													Emphasize Waves and Columns
12	(22)	Circulate (Split / Box)													
	48	Fold / Cross Fold													
	49	Scoot Back													
	50	Recycle													

### Basic Calls Not In 50

	1	Do Paso													
	2	Walk Around/See Saw													
	3	Allemande Thars													
	4	Slip the Clutch/Shoot the Star													

### Remaining Mainstream Calls

	1	Cloverleaf													
	2	Turn Thru													
	3	Eight Chain Thru													
	4	Pass to the Center													
	5	Spin the Top													
	6	Walk and Dodge													
	7	Dixie Style to Wave													
	8	Spin Chain Thru													

# SSD Lesson Plans

## Lesson 1 of 12

<p>Teach This Lesson:</p> <p>Circle Left / Circle Right          Forward and Back          Dosado, Swing          Promenade Family  <i>(Couples / Single File / Wrong Way / Star)</i>          Allemande Left / Arm Turns          Right &amp; Left Grand  <i>(Weave the Ring / Wrong Way Grand)</i>          Left-Hand Star / Right-Hand Star          Courtesy Turn / Ladies Chain          Pass Thru, Wheel Around</p>	<p>These calls will be taught the first dance Lesson. Since new dancers may show up the second night, it will be necessary to re-teach these calls on the second dance Lesson along with the two new calls on the Lesson 2 page.</p> <p>Helper commands are included in the modules below. Careful use of helper commands, sometimes even in place of the actual name of the call, is very important for new dancer success.</p>
<p><i>Call Modules in this Lesson. Note: In each lesson, dancers must be exposed to each of these modules before advancing to the next Lesson. These represent the minimum flows the dancers must know and use the Standard Application of these calls. Each begins with Heads. Repeat them starting with Sides.</i></p>	
<h3 style="text-align: center;">Patter Modules</h3>	

ALL JOIN HANDS, CIRCLE LEFT  
CIRCLE RIGHT, DROP HANDS GO SINGLE FILE  
 GIRLS TURN AROUND (u-turn back) & SWING  
PROMENADE HOME

MEN STAR LEFT, AT HOME DOSADO (face in)  
 GIRLS STAR LEFT, AT HOME SWING,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

HD LADIES CHAIN, HDS PROMENADE HALFWAY,  
 SD LADIES CHAIN, SDS PROMENADE HALFWAY,  
FOUR LADIES CHAIN, FORWARD & BACK,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SWING PARTNER, HOME

HDS DOSADO, PASS THRU, WHEEL AROUND,  
 SDS DOSADO, PASS THRU, WHEEL AROUND,  
FACE CORNER, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, PROMENADE HOME

HDS PROMENADE HALFWAY, HDS PASS THRU,  
 HDS WHEEL AROUND, SQUARE SETS AT HOME,

HDS PROMENADE HALFWAY,  
 SDS PASS THRU, WHEEL AROUND,  
 HDS STAR RIGHT, FULL TURN TO CORNER,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
ARE YOU HOME

HD LADIES CHAIN, SDS PROMENADE 3/4  
STAND BEHIND THE HEADS,  
HDS PASS THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, SWING YOUR OWN,  
PROMENADE HOME

HDS PASS THRU, WHEEL AROUND,  
RIGHT-HAND STAR HALF, BACK OUT AT HOME,  
 SDS PASS THRU, WHEEL AROUND,  
RIGHT-HAND STAR HALF, BACK OUT AT HOME

# SSD Lesson Plans

CIRCLE LEFT, CIRCLE RIGHT GO SINGLE FILE,  
LADIES TURN OUT GO THE OTHER WAY  
(Backtrack)  
WHEN YOU MEET YOUR PARTNER, DOSADO,  
GENTS PROMENADE INSIDE ONCE AROUND,  
SWING PARTNER, PROMENADE

HDS SINGLE FILE PROMENADE HALFWAY,  
(face in) HD LADIES CHAIN,  
SDS SINGLE FILE PROMENADE HALFWAY,  
(face in) SD LADIES CHAIN,  
ALL FOUR LADIES CHAIN,  
JOIN HANDS CIRCLE LEFT HALFWAY,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

HDS PROMENADE HALFWAY,  
SDS CIRCLE UP FOUR HALFWAY ROUND  
BOYS STAR LEFT INSIDE FULL AROUND  
STAR PROMENADE

HDS PASS THRU & WHEEL AROUND  
SDS PASS THRU & WHEEL AROUND  
ALL JOIN HANDS & CIRCLE LEFT  
ALLEMANDE LEFT, BACK TO THE PARTNER  
PASS THRU, RIGHT ARM TURN THE NEXT  
BACK TO THE PARTNER,  
WRONG WAY PROMENADE

ALL FOUR LADIES CHAIN  
HDS REVERSE CIRCLE UP FOUR 3/4 ROUND,  
CENTERS PASS THRU, DOSADO,  
ALL CIRCLE UP FOUR 3/4 ROUND,  
DOSADO, ALL JOIN HANDS CIRCLE LEFT  
FACE YOUR CURRENT PARTNER,  
RIGHT ARM TURN,  
BACK TO NEW CORNER PASS THRU  
SWING YOUR ORIGINAL PARTNER  
PROMENADE HOME

HDS DOSADO, PASS THRU, WHEEL AROUND,  
HDS STAR RIGHT HALFWAY TO CORNER,  
ALLEMANDE LEFT, DOSADO AT HOME,  
SDS TO THE CENTER, DOSADO,  
PASS THRU, WHEEL AROUND,  
SDS STAR RIGHT HALFWAY TO CORNER,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SWING YOUR OWN, PROMENADE HOME

HDS CIRCLE UP FOUR HALFWAY ROUND,  
HDS BACK AWAY,  
SDS CIRCLE UP FOUR HALFWAY ROUND,  
SDS BACK AWAY,  
HDS REVERSE CIRCLE UP FOUR 3/4 ROUND,  
HDS PASS THRU, MEET THE SIDES, DOSADO,  
ALL CIRCLE UP FOUR 3/4 ROUND,  
LINES FORWARD & BACK, DOSADO,  
PASS THRU, WHEEL AROUND,  
FORWARD & BACK, DOSADO,  
PASS THRU, WHEEL AROUND,  
ALL JOIN HANDS, CIRCLE HOME

ALL FOUR LADIES CHAIN 3/4  
JOIN HANDS AND CIRCLE LEFT  
LEFT ARM TURN NEW CORNER FULL AROUND  
ON TO THE NEXT GIRL, PASS THRU  
SWING YOUR PARTNER  
ALLEMANDE LEFT WITH CORNER  
WEAVE THE RING  
PROMENADE

ALL FOUR LADIES CHAIN, CIRCLE LEFT,  
LEFT ARM TURN NEW CORNER,  
COME BACK TO NEW PARTNER  
PASS THRU and ON TO THE NEXT GIRL,  
LEFT ARM TURN FULL AROUND,  
ON TO YOUR PARTNER, PASS THRU,  
LEFT ARM TURN THE NEXT,  
BACK TO THE PARTNER,  
WRONG WAY RIGHT & LEFT GRAND,  
WRONG WAY PROMENADE HOME



# SSD Lesson Plans

## Singing Call Breaks & Figures

*Note: Figures in this section do not switch partners during singing call.*

HDS MAKE A RIGHT-HAND STAR,  
CORNER ALLEMANDE LEFT, PARTNER DOSADO,  
BOYS STAR LEFT, SWING PARTNER,  
PROMENADE HOME

HDS PROMENADE HALFWAY,  
COME DOWN THE MIDDLE & PASS THRU,  
WHEEL AROUND,  
SDS MAKE A RIGHT-HAND STAR ...  
TURN IT TO YOUR CORNER,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

HDS MAKE A RIGHT-HAND STAR,  
WITH THE SDS MAKE A LEFT-HAND STAR,  
HDS BACK TO THE MIDDLE -  
WITH A RIGHT-HAND STAR,  
TO THE CORNER, ALLEMANDE LEFT,  
TO THE PARTNER RIGHT & LEFT GRAND,  
SWING & PROMENADE

### **Opener/Middle Break/Closer**

FACE YOUR CORNER, ALLEMANDE LEFT,  
COME HOME & DOSADO,  
ALL MEN STAR BY THE LEFT GO ONCE AROUND,  
COME HOME & DOSADO YOUR PARTNER,  
FACE IN & 4 LADIES PROMENADE GO ONCE  
AROUND,  
HEY GIRLS GET HOME & SWING THERE WITH  
YOUR PARTNER,  
ALL PROMENADE & TAKE HER HOME  
{SING LYRICS}

*NOTE: This next figure needs practice as a routine and could/should be deferred to later in the lessons.*

4 LADIES CHAIN 3/4,  
4 LADIES CHAIN STRAIGHT ACROSS,  
HDS MAKE A RIGHT-HAND STAR, PICK UP  
CORNER (original partner)  
ARM AROUND STAR PROMENADE, BACK OUT  
CIRCLE LEFT (don't change anything)  
SWING ("good choice"), PROMENADE HOME

*Note: Figures in this section switch partners during singing call. If you wish to not switch partners replace Swing Corner with Allemande Left (where appropriate) then Promenade Partner Home.*

### **Figure**

HDS CIRCLE FOUR HALFWAY  
SDS CIRCLE FOUR HALFWAY  
HDS PROMENADE HALFWAY BACK TO HOME  
SDS PROMENADE HALFWAY BACK TO HOME  
ALL FACE THE CORNER & SWING,  
PROMENADE, GO ONCE AROUND THE RING,  
{SING LYRICS}

### **Figure**

HDS DOSADO IN THE MIDDLE,  
HDS PASS THRU, WHEEL AROUND,  
SDS DOSADO IN THE MIDDLE,  
SD PASS THRU, WHEEL AROUND,  
JOIN HANDS CIRCLE LEFT HALFWAY ROUND,  
SWING CORNER GIRL, PROMENADE {SING LYRICS}

# SSD Lesson Plans

## **Figure**

HEAD LADIES CHAIN,  
SIDE LADIES CHAIN,  
ALL FOUR LADIES CHAIN,  
ALL FOUR LADIES CHAIN 3/4,  
ALLEMANDE LEFT NEW CORNER,  
SWING NEW PARTNER, PROMENADE  
{SING LYRICS}

## **Figure (RIGHT-HAND Lady Change)**

HEADS PROMENADE TRAVEL HALFWAY,  
HEAD LADIES CHAIN TURN HER THERE,  
SIDES PROMENADE TRAVEL HALFWAY,  
SIDE LADIES CHAIN ACROSS THE SQUARE,  
JOIN HANDS CIRCLE LEFT GO HALFWAY,  
SWING YOUR CORNER ROUND PROMENADE

*Note: This next figure needs practice as a routine and could/should be deferred to a later lesson.*

HDS LEFT-HAND STAR TO YOUR CORNER,  
EVERYBODY MAKE A RIGHT-HAND STAR,  
HDS BACK TO THE CENTER WITH A LEFT-HAND STAR,  
PICK UP CORNER ARM AROUND STAR PROMENADE,  
(don't change anything) BACK OUT CIRCLE LEFT,  
SWING ... "excellent choice", PROMENADE HOME  
{SING LYRIC}

# SSD Lesson Plans

## Lesson 2 of 12

<p>Teach This Lesson:</p> <p>Star Thru / Slide Thru</p> <p>Half Sashay</p> <p>Rollaway / Ladies In Men Sashay</p>	<p>Previous Calls:</p> <p>Circle Left/Right, Forward and Back, Dosado Swing, Promenade, Allemande Left/Arm Turns Right &amp; Left Grand/Weave the Ring, Stars, Ladies Chain / Courtesy Turn, Pass Thru, Wheel Around</p> <p><i>Note: We are likely to see some brand new dancers in this Lesson, which requires us to re-teach all calls from previous Lesson as well as these two new calls.</i></p>
<h3>Patter Modules</h3>	

*Note: To include SLIDE THRU, replace STAR THRU with SLIDE THRU in any module.*

HDS PROMENADE HALFWAY,  
HDS STAR THRU, PASS THRU,  
ALLEMANDE LEFT, SWING,  
PROMENADE HOME

FOUR LADIES CHAIN,  
JOIN HANDS CIRCLE LEFT,  
LADIES IN, MEN SASHAY,  
LADIES IN, MEN SASHAY,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SWING YOUR OWN, PROMENADE HOME

HDS PASS THRU, WHEEL AROUND,  
HALF SASHAY, STAR THRU,  
RIGHT-HAND STAR HALF,  
BACK BY THE LEFT A LEFT-HAND STAR HALF,  
ALLEMANDE LEFT, ARE YOU HOME?

HDS DOSADO, PASS THRU, WHEEL AROUND,  
HDS STAR THRU, PASS THRU, STAR THRU,  
ALL PASS THRU, WHEEL AROUND,  
STAR THRU,  
ALLEMANDE LEFT, ARE YOU HOME?

HDS PROMENADE HALFWAY,  
HDS PASS THRU, WHEEL AROUND,  
HD LADIES CHAIN, HDS STAR THRU,  
PASS THRU, STAR THRU, TWO LADIES CHAIN,  
STAR THRU, PASS THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT,  
SWING YOUR OWN, PROMENADE HOME

HDS PROMENADE 3/4, SDS PASS THRU,  
STAR THRU, LADIES CHAIN,  
GO FORWARD & BACK,  
JOIN HANDS CIRCLE LEFT,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
DOSADO, PROMENADE HOME

HDS ROLLAWAY, STAR THRU,  
PASS THRU, WHEEL AROUND,  
HALF SASHAY, TWICE (SHE GOES, HE GOES),  
PASS THRU, SWING PARTNER, AT HOME

ALL HALF SASHAY TWICE (SHE GOES, HE GOES),  
HDS LEFT-HAND STAR TO CORNER, RIGHT-  
HAND STAR HALF, LEFT-HAND STAR HALF,  
HALF SASHAY TWICE & *BOOGIE*,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

# SSD Lesson Plans

## Singing Call Modules

### ***Opener/Middle Break/Closer***

ALL FOUR LADIES CHAIN, ROLLAWAY,  
CIRCLE LEFT, FOUR LADIES ROLLAWAY,  
CIRCLE LEFT, ALLEMANDE LEFT,  
WEAVE THE RING, {LYRICS} SWING,  
PROMENADE, {LYRICS}

### ***Figure***

HDS PASS THRU, WHEEL AROUND, STAR THRU,  
CENTERS PASS THRU, STAR THRU, PASS THRU,  
WHEEL AROUND, GO FORWARD & BACK,  
SLIDE THRU, [ CLAP HANDS ],  
SWING CORNER, PROMENADE HOME

### ***Opener/Middle Break/Closer***

ALLEMANDE LEFT YOUR CORNER,  
DOSADO YOUR PARTNER, MEN STAR LEFT,  
DOSADO YOUR PARTNER,  
JOIN HANDS CIRCLE LEFT,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
{LYRICS}  
SWING PARTNER,  
PROMENADE {LYRICS}

### ***Figure***

HDS PASS THRU & WHEEL AROUND,  
HALF SASHAY & STAR THRU,  
DOSADO YOUR CORNER, STAR THRU,  
PASS THRU, WHEEL AROUND,  
HALF SASHAY TWICE (SHE GOES, HE GOES)  
SLIDE THRU,  
SWING & PROMENADE HOME

HDS PASS THRU, WHEEL AROUND, ROLLAWAY,  
STAR THRU, PASS THRU, WHEEL AROUND,  
ROLLAWAY, PASS THRU, GRAND RIGHT & LEFT,  
PROMENADE HOME

### ***Opener/Middle Break/Closer***

CIRCLE LEFT, BOYS MAKE RIGHT-HAND STAR,  
ARM AROUND PARTNER, STAR PROMENADE,  
GIRLS ROLL BACK, LEFT ALLEMANDE,  
SWING & PROMENADE

### ***Opener/Middle Break/Closer***

FOUR LADIES CHAIN 3/4,  
TURN THE GIRL & THEN ROLLAWAY,  
JOIN HANDS CIRCLE LEFT,  
ALLEMANDE LEFT, WEAVE THE RING,  
{LYRICS}  
SWING YOUR LADY, PROMENADE {LYRICS}

### ***Figure***

HDS PROMENADE HALFWAY ...  
COME INTO THE MIDDLE & STAR THRU,  
CENTERS PASS THRU, STAR THRU,  
PASS THRU, WHEEL AROUND,  
FORWARD & BACK,  
SLIDE THRU, PASS THRU, LEFT ALLEMANDE,  
SWING THE NEXT & PROMENADE HOME

### ***Opener/Middle Break/Closer***

FOUR LADIES CHAIN, ALL CIRCLE LEFT,  
LADIES CENTER, MEN SASHAY, CIRCLE,  
LADIES CENTER, MEN SASHAY,  
ALLEMANDE LEFT, & WEAVE THE RING,  
{LYRICS}  
SWING YOUR PARTNER, PROMENADE

### ***SAV Figure***

HD LADIES CHAIN, HDS HALF SASHAY,  
HDS SLIDE THRU, ALL STAR THRU,  
LADIES CHAIN, STAR THRU,  
PASS THRU, SWING THE CORNER,  
PROMENADE HOME

# SSD Lesson Plans

## Lesson 3 of 12

<p>Teach This Lesson:</p> <ul style="list-style-type: none"> <li>California Twirl</li> <li>Bend the Line</li> <li>U-Turn Back / Backtrack</li> <li>Dive Thru</li> </ul> <p>The combination of Star Thru and Bend the Line introduces dynamic formation and wall changes for the dancers. Give them lots of time and practice.</p>	<p>Previous Calls:</p> <ul style="list-style-type: none"> <li>Circle Left/Right, Forward and Back, Dosado Swing, Promenade, Allemande Left/Arm Turns Right &amp; Left Grand/Weave the Ring, Stars, Ladies Chain / Courtesy Turn, Pass Thru, Wheel Around, Star Thru/Slide Thru, Half Sashay/ Rollaway/Ladies In Men Sashay</li> </ul>
<h3>Patter Modules</h3>	

HDS PROMENADE HALFWAY ...  
 COME INTO THE MIDDLE AND STAR THRU  
 CENTERS PASS THRU, STAR THRU,  
 PASS THRU, BEND THE LINE, SLIDE THRU,  
 ALLEMANDE LEFT, GRAND RIGHT & LEFT  
 ARE YOU HOME?

HDS PASS THRU & WHEEL AROUND,  
 HDS HALF SASHAY & SLIDE THRU,  
 DOSADO, STAR THRU,  
 PASS THRU, WHEEL AROUND, HALF SASHAY,  
 STAR THRU, U-TURN BACK,  
 PASS THRU, GRAND RIGHT & LEFT,  
 PROMENADE HOME

HDS PASS THRU, and CALIFORNIA TWIRL,  
 HDS STAR THRU,  
 CENTERS PASS THRU, STAR THRU,  
 PASS THRU, CALIFORNIA TWIRL,  
 SLIDE THRU, ALLEMANDE LEFT,  
 GRAND RIGHT & LEFT, PROMENADE HOME

FOUR LADIES CHAIN,  
 HDS PASS THRU, U-TURN BACK,  
 SDS PASS THRU, U-TURN BACK,  
 JOIN HANDS, CIRCLE LEFT, ROLLAWAY,  
 GRAND RIGHT & LEFT, PROMENADE HOME

ALL CIRCLE LEFT, CIRCLE RIGHT,  
 PROMENADE SINGLE FILE,  
 GIRLS STEP OUT AND BACKTRACK,  
 TO PARTNER GRAND RIGHT & LEFT

HDS PASS THRU, U-TURN BACK,  
 STAR THRU, SLIDE THRU, PASS THRU,  
 WHEEL AROUND, STAR THRU,  
 PASS THRU, WHEEL AROUND, DIVE THRU,  
 CENTERS STAR THRU, PASS THRU,  
 SAME TWO CALIFORNIA TWIRL,  
 SQUARE YOUR SETS

HDS HALF SASHAY, STAR THRU,  
DIVE THRU, CENTERS PASS THRU,  
 STAR THRU, PASS THRU,  
 WHEEL AROUND, HALF SASHAY,  
 (WHERE'S YOUR PARTNER?),  
 GRAND RIGHT & LEFT, YOU'RE HOME

HDS PASS THRU, U-TURN BACK, STAR THRU,  
 PASS THRU, U-TURN BACK, STAR THRU,  
 GO FORWARD & BACK (facing out),  
BEND THE LINE, PASS THRU, WHEEL AROUND,  
 SLIDE THRU, ALLEMANDE LEFT,  
 GRAND RIGHT & LEFT, PROMENADE HOME

# SSD Lesson Plans

HDS PASS THRU & WHEEL AROUND,  
HDS HALF SASHAY & SLIDE THRU,  
DOSADO, PASS THRU,  
(beside you) CALIFORNIA TWIRL, DIVE THRU,  
CENTERS STAR THRU ... PASS THRU ...  
& CALIFORNIA TWIRL  
SQUARE SETS ... YOU'RE HOME

HDS STAR THRU ... CALIFORNIA TWIRL,  
STAR THRU, PASS THRU, BEND THE LINE,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
STAR THRU, PASS THRU, BEND THE LINE,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SQUARE SETS ... YOU'RE HOME

HDS ROLLAWAY, STAR THRU,  
PASS THRU, U-TURN BACK,  
STAR THRU, DANCE OUT & BACK,  
BEND THE LINE, STAR THRU, DIVE THRU,  
CENTERS PASS THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT,  
SQUARE SETS ... YOU'RE HOME

HDS STAR THRU, CENTERS PASS THRU  
ALL PASS THRU, CENTERS PASS THRU,  
LEADERS CALIFORNIA TWIRL,  
DIVE THRU, CENTERS STAR THRU,  
CENTERS SLIDE THRU, CENTERS PASS THRU,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SQUARE SETS ... YOU'RE HOME

HDS STAR THRU, CENTERS PASS THRU,  
ALL PASS THRU, CENTERS PASS THRU,  
LEADERS CALIFORNIA TWIRL,  
SLIDE THRU, PASS THRU, BEND THE LINE,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
ALL PASS THRU, ENDS U-TURN BACK,  
CENTERS PASS THRU, ALL PASS THRU,  
ENDS CALIFORNIA TWIRL,  
CENTERS RIGHT ARM TURN, LEFT ALLEMANDE!  
PARTY AT HOME

## **SAV Modules**

HDS CIRCLE UP FOUR HALFWAY,  
SDS CIRCLE UP FOUR HALFWAY,  
HDS STAR THRU & CALIFORNIA TWIRL  
STAR THRU, ENDS PASS THRU,  
SAME SEXES ARM TURN HALF  
ENDS U-TURN BACK,  
PASS THRU, GRAND RIGHT & LEFT,  
SQUARE SETS ... YOU'RE HOME

HDS SLIDE THRU,  
CENTERS RIGHT ARM TURN HALF COME BACK  
TO FACE SAME SEX  
ALL PASS THRU & ALL FACE IN,  
FORWARD & BACK,  
PASS THRU, BEND THE LINE  
PASS THRU, U-TURN BACK,  
STAR THRU, CENTERS PASS THRU,  
ALLEMANDE LEFT, YOU'RE HOME

# SSD Lesson Plans

## Singing Call Modules

*Note: Just Figures here. Use any applicable Opener.*

### **Figures**

HDS PROMENADE HALFWAY ...  
COME INTO THE MIDDLE & PASS THRU,  
SAME 2 CALIFORNIA TWIRL,  
SDS PROMENADE HALFWAY ...  
COME INTO THE MIDDLE & PASS THRU,  
SAME 2 CALIFORNIA TWIRL,  
JOIN HANDS CIRCLE TO THE LEFT,  
SWING THE CORNER GIRL, PROMENADE

HDS PASS THRU, WHEEL AROUND,  
HDS HALF SASHAY, PASS THRU, U-TURN BACK,  
SDS PASS THRU, WHEEL AROUND,  
SDS HALF SASHAY, PASS THRU, U-TURN BACK,  
ALL JOIN HANDS CIRCLE LEFT,  
SWING THE CORNER GIRL, PROMENADE

HDS HALF SASHAY, HDS STAR THRU,  
DIVE THRU, CENTERS PASS THRU,  
STAR THRU, PASS THRU, WHEEL AROUND,  
PASS THRU, BEND THE LINE,  
SLIDE THRU, SWING CORNER & PROMENADE,

HDS ROLLAWAY then PASS THRU and  
U-TURN BACK, STAR THRU, PASS THRU,  
ALL STAR THRU, PASS THRU,  
BEND THE LINE, PASS THRU,  
BEND THE LINE, PASS THRU, WHEEL AROUND,  
SLIDE THRU, SWING THE CORNER, PROMENADE

HDS STAR THRU, PASS THRU, ALL DIVE THRU,  
CENTERS STAR THRU, SLIDE THRU, PASS THRU,  
ALL DIVE THRU, CENTERS PASS THRU  
STAR THRU, PASS THRU, CALIFORNIA TWIRL  
SLIDE THRU, SWING CORNER & PROMENADE

HDS PROMENADE HALFWAY ...  
COME INTO THE MIDDLE & STAR THRU,  
CENTERS PASS THRU, STAR THRU,  
PASS THRU, BEND THE LINE,  
PASS THRU, BEND THE LINE,  
PASS THRU, WHEEL AROUND,  
SLIDE THRU, CORNER SWING,  
PROMENADE HOME

HDS STAR THRU, CALIFORNIA TWIRL,  
STAR THRU, PASS THRU, BEND THE LINE,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
STAR THRU, PASS THRU, BEND THE LINE,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
SWING CORNER, PROMENADE HOME (short)

### **SAV Figures**

HD LADIES CHAIN, HDS PROMENADE 3/4 WHILE  
SDS PASS THRU & CALIFORNIA TWIRL,  
SDS PASS THRU, ALL STAR THRU,  
PASS THRU, CALIFORNIA TWIRL ONCE & A HALF,  
CORNER SWING, PROMENADE

### **{RIGHT-HAND Lady Change}**

HDS STAR THRU & PASS THRU,  
DOSADO, ONE TIME AROUND & STAR THRU,  
PASS THRU, BEND THE LINE, FORWARD & BACK,  
PASS THRU, WHEEL AROUND,  
FORWARD & BACK,  
PASS THRU, HALF WHEEL AROUND,  
PROMENADE

# SSD Lesson Plans

## Lesson 4 of 12

<p>Teach This Lesson:</p> <p>Square Thru Grand Square</p> <p><i>Note: Any Singing Call that is designed to start with a Grand Square while the caller sings the lyrics would be good with this lesson plan.</i></p>	<p>Previous Calls:</p> <p>Circle Left/Right, Forward and Back, Dosado Swing, Promenade, Allemande Left/Arm Turns Right &amp; Left Grand/Weave the Ring, Stars, Ladies Chain / Courtesy Turn, Pass Thru, Wheel Around, Star Thru/Slide Thru, Half Sashay/ Rollaway/Ladies In Men Sashay, California Twirl, Bend the Line, U-Turn Back/ Backtrack, Dive Thru</p>
<h3>Patter Modules</h3>	

HDS PROMENADE HALFWAY,  
COME IN AND SQUARE THRU 2 HANDS,  
SQUARE THRU 2 HANDS, DANCE OUT & BACK,  
BEND THE LINE, SLIDE THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, SQUARE SETS AT HOME

HDS PASS THRU, WHEEL AROUND,  
HDS SQUARE THRU 2 HANDS,  
SQUARE THRU 4 HANDS, DANCE OUT & BACK,  
BEND THE LINE, PASS THRU,  
BEND THE LINE, SLIDE THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, YOU'RE HOME

HDS SQUARE THRU 3 HANDS, WHEEL AROUND,  
SDS SQUARE THRU 3 HANDS,  
CALIFORNIA TWIRL,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT  
PROMENADE HOME

HDS SLIDE THRU, SQUARE THRU 3 HANDS,  
LEFT-HAND STAR ONE FULL TURN,  
HDS BACK BY THE RIGHT TO A RIGHT-HAND  
STAR HALFWAY, INSIDE ARCH & DIVE THRU,  
CENTERS SQUARE THRU 3,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

HDS SQUARE THRU 4 HANDS,  
WITH SIDES MAKE A RIGHT-HAND STAR,  
HDS STAR LEFT IN THE CENTER,  
TO THE CORNER SLIDE THRU, STAR THRU  
INSIDE ARCH & DIVE THRU,  
CENTERS SQUARE THRU 3 HANDS,  
ALLEMANDE LEFT, GRAND RIGHT AND LEFT,  
PROMENADE HOME

HDS SQUARE THRU 4 HANDS,  
DOSADO CORNER, SLIDE THRU,  
SQUARE THRU, ON 4th HAND,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT  
PROMENADE HOME

HDS STAR THRU, PASS THRU,  
STAR THRU, SQUARE THRU 3 HANDS,  
DANCE OUT & BACK,  
BEND THE LINE, STAR THRU, DIVE THRU,  
CENTERS PASS THRU,  
ALLEMANDE LEFT, GRAND RIGHT AND LEFT,  
SQUARE SETS ... YOU'RE HOME

SDS FACE GRAND SQUARE,  
HDS FACE GRAND SQUARE,  
SDS FACE ... HDS FACE ... GRAND RIGHT & LEFT!  
PROMENADE HOME



# SSD Lesson Plans

HDS PROMENADE 3/4,  
SDS SQUARE THRU 3/4,  
DOSADO, STAR THRU, PASS THRU,  
WHEEL AROUND, LADIES CHAIN,  
STAR THRU, SQUARE THRU 3/4,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE

HDS SQUARE THRU 4,  
EVERYBODY SQUARE THRU 4,  
DANCE OUT & BACK, BEND THE LINE,  
SQUARE THRU & ON THE 4th HAND,  
ALLEMANDE LEFT, HOME

# SSD Lesson Plans

## Singing Call Modules

### **Figures**

HDS SQUARE THRU 4 HANDS,  
SQUARE THRU 2 HANDS,  
CALIFORNIA TWIRL, FORWARD & BACK,  
STAR THRU, PASS THRU, U-TURN BACK,  
SWING CORNER GIRL, PROMENADE

HDS SQUARE THRU 4 HANDS,  
WITH SIDES MAKE A RIGHT-HAND STAR,  
HDS STAR LEFT IN THE CENTER,  
BACK TO CORNER DOSADO,  
PASS THRU, U-TURN BACK, CLAP HANDS,  
SWING THE CORNER, PROMENADE

SIDES FACE GRAND SQUARE  
HDS MAKE A LEFT-HAND STAR TO CORNER,  
(or SQUARE THRU)  
SWING CORNER, PROMENADE

HDS PASS THRU, WHEEL AROUND,  
HALF SASHAY, SLIDE THRU, DOSADO ONE TIME,  
PASS THRU, (beside you) CALIFORNIA TWIRL,  
DIVE THRU, CENTERS SQUARE THRU 3 HANDS,  
SWING CORNER, PROMENADE

HDS PASS THRU, U-TURN BACK, STAR THRU,  
MAKE A RIGHT-HAND STAR,  
HEADS STAR LEFT IN THE MIDDLE GO ONE TIME  
TO THE CORNER GIRL, SLIDE THRU,  
SQUARE THRU 3 HANDS,  
SWING THE CORNER GIRL, PROMENADE

HDS SQUARE THRU 2,  
EVERYONE SQUARE THRU 2,  
BEND THE LINE, FORWARD & BACK,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
SQUARE THRU ON THE 3rd HAND,  
SWING CORNER GIRL, PROMENADE

HDS PROMENADE HALFWAY,  
WALK IN AND SQUARE THRU 4,  
MAKE A RIGHT-HAND STAR ONCE AROUND,  
HDS STAR LEFT IN THE CENTER ...  
GO ONCE AND A HALF ...  
ALL THE WAY AROUND TO YOUR CORNER,  
SWING THAT GIRL & PROMENADE

HDS SQUARE THRU 4 HANDS,  
EVERYONE SQUARE THRU 4 HANDS,  
FORWARD OUT & BACK,  
BEND THE LINE, STAR THRU, DIVE THRU,  
CENTERS SQUARE THRU 3 HANDS,  
SWING THE CORNER,  
PROMENADE HOME

### **{Right-Hand Lady Change}**

HDS PROMENADE HALFWAY,  
WALK IN AND SQUARE THRU 4,  
MAKE A RIGHT-HAND STAR HALFWAY  
PASS THRU, NEW CORNER, ALLEMANDE LEFT,  
COME BACK AND PROMENADE

### **Opener/Middle Break/Closer**

SDS FACE GRAND SQUARE  
{SING LYRICS}  
LEFT ALLEMANDE, WEAVE THE RING  
{SING LYRICS}  
SWING & PROMENADE  
{SING LYRICS}

SDS FACE GRAND SQUARE  
{SING LYRICS}  
FOUR LADIES CHAIN,  
FOUR LADIES CHAIN,  
ALL PROMENADE  
{SING LYRICS}

# SSD Lesson Plans

## Lesson 5 of 12

<p>Teach This Lesson:</p> <ul style="list-style-type: none"> <li>Lead Right / Lead Left</li> <li>Veer Left / Veer Right</li> <li>Circulate (<i>Couples / Named Dancers</i>)</li> <li>Trade (<i>Couples / Named Dancers</i>)</li> <li>Chain Down the Line</li> </ul> <p><i>Note: This is a very important Lesson. The concept of Circulate is heavily used in all dance programs. Develop a good teaching technique to be certain dancers understand this concept, such as the concentric 'race track' analogy. "STAY ON YOUR PATH"</i></p>	<p>Previous Calls:</p> <ul style="list-style-type: none"> <li>Star Thru/Slide Thru, Half Sashay/</li> <li>Rollaway/Ladies In Men Sashay, California Twirl,</li> <li>Bend the Line, U-Turn Back/ Backtrack, Dive Thru, Square Thru, Grand Square</li> </ul>
<h3>Patter Modules</h3>	

HDS PASS THRU, WHEEL AROUND,  
LEAD LEFT, VEER RIGHT, COUPLES CIRCULATE,  
 BEND THE LINE, STAR THRU,  
 SQUARE THRU 3 HANDS,  
 ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
 PROMENADE HOME

HDS LEAD RIGHT, VEER LEFT, COUPLES TRADE  
COUPLES CIRCULATE, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE,  
 TWO LADIES CHAIN, PASS THRU,  
BEND THE LINE, STAR THRU, PASS THRU,  
 LEFT ALLEMANDE, GRAND RIGHT & LEFT,  
 PROMENADE HOME

HDS LEAD LEFT, VEER RIGHT, WHEEL AROUND,  
GIRLS TRADE, COUPLES CIRCULATE,  
 BEND THE LINE, PASS THRU,  
 WHEEL AROUND, TWO LADIES CHAIN,  
 STAR THRU, DIVE THRU, CENTERS PASS THRU,  
 ALL SQUARE THRU 3,  
 ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
 PROMENADE HOME

HDS LEAD LEFT, VEER RIGHT, WHEEL AROUND,  
CHAIN DOWN THE LINE, PASS THRU,  
 BEND THE LINE, PASS THRU, WHEEL AROUND,  
 TWO LADIES CHAIN, STAR THRU, DIVE THRU,  
 CENTERS PASS THRU, ALL PASS THRU,  
 ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
 BOYS GO SLOW, GIRLS GO FAST,  
 ARE YOU HOME?

HDS SQUARE THRU 2, DOSADO,  
VEER LEFT, VEER RIGHT,  
 CENTERS VEER RIGHT,  
 OUTSIDE 4 CALIFORNIA TWIRL,  
 CENTERS VEER LEFT, ALL VEER LEFT,  
COUPLES CIRCULATE, GIRLS TRADE  
 BEND THE LINE, STAR THRU, DIVE THRU,  
 CENTERS PASS THRU, ALLEMANDE LEFT,  
 GRAND RIGHT & LEFT,  
 SQUARE SETS AT HOME

# SSD Lesson Plans

HDS LEAD RIGHT, VEER LEFT  
COUPLES CIRCULATE,  
GIRLS CIRCULATE,  
VEER RIGHT, CENTERS PASS THRU,  
ENDS CALIFORNIA TWIRL,  
LEFT SHOULDER DOSADO, VEER RIGHT,  
COUPLES TRADE, BEND THE LINE,  
SLIDE THRU, ALLEMANDE LEFT,  
PROMENADE HOME

HDS SLIDE THRU, CENTERS DOSADO  
CENTERS VEER LEFT & VEER RIGHT,  
ALL VEER RIGHT, COUPLES TRADE,  
BEND THE LINE, TWO LADIES CHAIN,  
PASS THRU, BEND THE LINE & ENDS PASS THRU,  
BOYS TRADE, GIRLS TRADE,  
CENTERS PASS THRU, ALL CALIFORNIA TWIRL,  
ENDS SLIDE THRU ... CENTERS HALF SASHAY  
SQUARE SETS ... YOU'RE HOME

HDS LEAD RIGHT, VEER LEFT,  
COUPLES CIRCULATE, GIRLS TRADE,  
BEND THE LINE,  
STAR THRU, DIVE THRU, CENTERS PASS THRU,  
STAR THRU, TWO LADIES CHAIN,  
HALF SASHAY TWICE (SHE GOES, HE GOES)  
CENTERS SQUARE THRU<sup>1</sup>,  
OTHERS ALLEMANDE LEFT,  
PARTNER GRAND RIGHT & LEFT,  
PROMENADE HOME

HDS LEAD RIGHT, VEER LEFT,  
GIRLS TRADE, COUPLES CIRCULATE,  
BOYS CIRCULATE, GIRLS CIRCULATE,  
BOYS TRADE, COUPLES CIRCULATE,  
KEEP GOING ... WRONG WAY PROMENADE!

HDS LEAD LEFT, VEER RIGHT,  
COUPLES CIRCULATE,  
BOYS CIRCULATE, GIRLS CIRCULATE,  
COUPLES TRADE, GIRLS CIRCULATE,  
BOYS CIRCULATE,  
COUPLES CIRCULATE ONE & A HALF,  
ALL BEND THE LINE,  
YOU'RE HOME

HDS SQUARE THRU 2, SLIDE THRU,  
ENDS PASS THRU, BOYS TRADE,  
CENTERS PASS THRU,  
BEND THE LINE, ENDS PASS THRU,  
GIRLS TRADE  
CENTERS PASS THRU, ALLEMANDE LEFT,  
PROMENADE HOME

## ***SAV Module***

HDS PROMENADE HALFWAY,  
SDS LEAD RIGHT, STAR THRU,  
PASS THRU, WHEEL AROUND,  
TWO LADIES CHAIN,  
STAR THRU, DIVE THRU,  
CENTERS LEFT PULL BY,  
EVERYONE SQUARE THRU 3,  
ALLEMANDE LEFT, RIGHT & LEFT GRAND ...  
BUT ON THE THIRD HAND, PROMENADE YOUR  
PARTNER A SHORT-WAY HOME

HDS LEAD RIGHT, VEER LEFT, BOYS CIRCULATE,  
GIRLS TRADE, COUPLES CIRCULATE,  
HALF SASHAY, WHEEL AROUND  
GIRLS TRADE,  
BEND THE LINE & HALF SASHAY, SLIDE THRU,  
ALLEMANDE LEFT, PROMENADE HOME

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<sup>1</sup> Note half-sashayed application might need a workshop.

# SSD Lesson Plans

## Singing Call Modules

### **Figures**

HDS SQUARE THRU 4 HANDS,  
MAKE A RIGHT-HAND STAR & TURN IT HALF,  
VEER LEFT, COUPLES CIRCULATE,  
GIRLS TRADE, BEND THE LINE, STAR THRU,  
DIVE THRU, CENTERS PASS THRU, STAR THRU,  
CALIFORNIA TWIRL, SWING THE CORNER,  
PROMENADE

HDS LEAD RIGHT, VEER LEFT AND GIRLS TRADE  
COUPLES CIRCULATE, CHAIN DOWN THE LINE,  
FORWARD & BACK, STAR THRU, DIVE THRU,  
CENTERS PASS THRU, ALL PASS THRU,  
SWING CORNER, PROMENADE HOME

HEADS LEAD RIGHT, VEER LEFT,  
GIRLS CIRCULATE, CHAIN DOWN THE LINE,  
PASS THRU, WHEEL AROUND,  
TWO LADIES CHAIN,  
STAR THRU, DIVE THRU,  
CENTERS SQUARE THRU 3,  
SWING CORNER, PROMENADE HOME

HDS LEAD RIGHT, VEER LEFT,  
COUPLES TRADE, BOYS CIRCULATE,  
BEND THE LINE, PASS THRU,  
CALIFORNIA TWIRL,  
PASS THRU, BEND THE LINE,  
SQUARE THRU 3,  
SWING THE CORNER, PROMENADE HOME

HDS PROMENADE HALFWAY,  
LEAD RIGHT, VEER LEFT, COUPLES CIRCULATE,  
BEND THE LINE, PASS THRU, BEND THE LINE,  
FORWARD & BACK, SQUARE 2 HANDS,  
SWING THE CORNER, PROMENADE

### **SAV Figures**

HDS WRONG WAY PROMENADE HALFWAY ...  
COME INTO THE MIDDLE & LEAD RIGHT,  
VEER LEFT, COUPLES CIRCULATE,  
BEND THE LINE, PASS THRU, BEND THE LINE,  
FORWARD & BACK,  
STAR THRU, DOSADO ONCE & A HALF,  
SWING THE CORNER, PROMENADE HOME

HDS PROMENADE HALFWAY ...  
COME INTO THE MIDDLE & LEAD LEFT,  
VEER RIGHT, COUPLES CIRCULATE,  
BEND THE LINE, PASS THRU, CALIFORNIA TWIRL,  
FORWARD & BACK,  
STAR THRU, DOSADO ONCE & A HALF,  
SWING THE CORNER, PROMENADE HOME

HDS LEAD RIGHT, VEER LEFT, COUPLES TRADE,  
BEND THE LINE, MAKE A LEFT-HAND STAR 3/4,  
*VEER RIGHT to a 2-faced line with BOYS in the*  
*Middle*  
GIRLS CIRCULATE, BOYS TRADE TWICE,  
HALF SASHAY TWICE & BOOGIE,  
COUPLES CIRCULATE, PROMENADE

### **{Right-Hand Lady Change}**

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE,  
CALIFORNIA TWIRL, COUPLES CIRCULATE,  
BOYS TRADE, CALIFORNIA TWIRL,  
COUPLES CIRCULATE, BOYS CIRCULATE,  
CALIFORNIA TWIRL ONCE & A HALF,  
SWING THIS GIRL & PROMENADE

# SSD Lesson Plans

## Lesson 6 of 12

<p>Teach This Lesson:</p> <p>Right &amp; Left Thru Flutterwheel/Reverse Flutterwheel Sweep a Quarter</p>	<p>Previous Calls:</p> <p>California Twirl, Bend the Line, U-Turn Back/ Backtrack, Dive Thru, Square Thru, Grand Square, Lead Right / Lead Left, Veer Left / Veer Right, Circulate (<i>Couples / Named Dancers</i>), Trade (<i>Couples / Named Dancers</i>), Chain Down the Line</p>
<h3>Patter Modules</h3>	

HDS LEAD RIGHT, VEER LEFT,  
CHAIN DOWN THE LINE,  
FLUTTERWHEEL, SWEEP A QUARTER,  
REVERSE FLUTTERWHEEL, HALF SASHAY,  
GRAND RIGHT & LEFT, PROMENADE

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE,  
BEND THE LINE, RIGHT & LEFT THRU,  
FLUTTERWHEEL, STAR THRU,  
PASS THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, PROMENADE

HDS PASS THRU, WHEEL AROUND,  
FLUTTERWHEEL, SWEEP A QUARTER,  
PASS THRU, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE, STAR THRU,  
DIVE THRU, SQUARE THRU 3, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, PROMENADE

HDS SQUARE THRU, RIGHT & LEFT THRU,  
DIVE THRU, CENTERS PASS THRU, SLIDE THRU,  
RIGHT & LEFT THRU, FLUTTERWHEEL,  
SWEEP A QUARTER, DIVE THRU,  
CENTERS STAR THRU, HOME

HDS SQUARE THRU 4, RIGHT & LEFT THRU,  
VEER LEFT, GIRLS TRADE, BEND THE LINE,  
SLIDE THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, PROMENADE

HDS RIGHT & LEFT THRU,  
FLUTTERWHEEL AND SWEEP A QUARTER,  
VEER LEFT, VEER RIGHT, ALL VEER RIGHT,  
BOYS TRADE, BEND THE LINE,  
FLUTTERWHEEL AND SWEEP A QUARTER,  
RIGHT & LEFT THRU, DIVE THRU,  
CENTERS PASS THRU, ALLEMANDE LEFT,  
GRAND RIGHT AND LEFT, PROMENADE

HDS RIGHT & LEFT THRU ... HALF SASHAY,  
HDS STAR THRU, SLIDE THRU,  
PASS THRU, BEND THE LINE,  
RIGHT & LEFT THRU, FLUTTERWHEEL,  
SWEEP A QUARTER, ALLEMANDE LEFT,  
GRAND RIGHT AND LEFT, YOU'RE HOME

HDS LEAD RIGHT, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE,  
FLUTTERWHEEL, REVERSE FLUTTERWHEEL,  
SWEEP A QUARTER, VEER RIGHT,  
BOYS TRADE, COUPLES TRADE, PROMENADE

HDS LEAD RIGHT, RIGHT & LEFT THRU,  
DIVE THRU, CENTERS PASS THRU,  
RIGHT & LEFT THRU, VEER LEFT,  
COUPLES CIRCULATE,  
BEND THE LINE, REVERSE FLUTTERWHEEL,  
SWEEP A QUARTER, HALF SASHAY,  
GRAND RIGHT & LEFT, PROMENADE HOME

# SSD Lesson Plans

## SAV Modules

HDS LEAD RIGHT, VEER LEFT, COUPLES TRADE,  
BEND THE LINE, RIGHT & LEFT THRU,  
FLUTTERWHEEL, REVERSE FLUTTERWHEEL,  
LEFT SQUARE THRU 4, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, PROMENADE

HDS LEAD RIGHT, RIGHT & LEFT THRU,  
FLUTTERWHEEL, VEER LEFT,  
BOYS CIRCULATE, GIRLS TRADE,  
BEND THE LINE, REVERSE FLUTTERWHEEL,  
RIGHT & LEFT THRU,  
PASS THRU, BEND THE LINE & ENDS PASS THRU,  
GIRLS TRADE,  
CENTERS PASS THRU, ALLEMANDE LEFT,  
SQUARE SETS ... YOU'RE HOME

HDS PROMENADE HALFWAY,  
SDS LEAD RIGHT, STAR THRU,  
PASS THRU, WHEEL AROUND,  
TWO LADIES CHAIN,  
STAR THRU, DIVE THRU,  
CENTERS LEFT SQUARE THRU 3,  
EVERYONE SQUARE THRU 3,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SHORT PROMENADE HOME

HDS LEAD LEFT, VEER RIGHT, WHEEL AROUND,  
CHAIN DOWN THE LINE, PASS THRU,  
BEND THE LINE, RIGHT & LEFT THRU,  
FLUTTERWHEEL, REVERSE FLUTTER, PASS THRU,  
BEND THE LINE, RIGHT & LEFT THRU,  
FLUTTERWHEEL, SWEEP A QUARTER,  
REVERSE FLUTTER, HALF SASHAY,  
SQUARE THRU ON 3rd HAND ...  
GRAND RIGHT & LEFT, PROMENADE

HDS SLIDE THRU then RIGHT & LEFT THRU,  
CENTERS VEER LEFT then VEER RIGHT,  
ALL VEER RIGHT,  
BOYS TRADE, WHEEL AROUND, GIRLS TRADE,  
BEND THE LINE, REVERSE FLUTTERWHEEL,  
HALF SASHAY, ENDS FACE IN, CENTERS BACK OUT,  
YOU'RE HOME

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE  
REVERSE WHEEL AROUND, BOYS TRADE,  
COUPLES TRADE, BEND THE LINE,  
FLUTTERWHEEL, SWEEP A QUARTER,  
SQUARE THRU 3, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, PROMENADE

# SSD Lesson Plans

## Singing Call Modules

### Figures

HDS FLUTTERWHEEL, SWEEP A QUARTER,  
PASS THRU, RIGHT & LEFT THRU,  
FLUTTERWHEEL, SWEEP A QUARTER MORE,  
STAR THRU, DIVE THRU,  
CENTERS SQUARE THRU 3,  
SWING THE CORNER, PROMENADE

HDS SQUARE THRU 4, SLIDE THRU,  
PASS THRU, CALIFORNIA TWIRL,  
REVERSE FLUTTERWHEEL, SWEEP A QUARTER,  
HALF SASHAY, GRAND RIGHT & LEFT,  
SWING & PROMENADE

HDS FLUTTERWHEEL AND SWEEP A QUARTER,  
CENTERS PASS THRU, SQUARE THRU 4,  
FORWARD & BACK, BEND THE LINE,  
RIGHT & LEFT THRU, SLIDE THRU,  
SWING CORNER, PROMENADE

HDS REVERSE FLUTTERWHEEL,  
SWEEP A QUARTER, VEER RIGHT & LEFT,  
SQUARE THRU 4 HANDS, BEND THE LINE,  
SLIDE THRU, SQUARE THRU ON THE 3<sup>rd</sup> HAND,  
SWING CORNER, PROMENADE

HDS LEAD RIGHT, VEER LEFT,  
CHAIN DOWN THE LINE,  
FLUTTERWHEEL, REVERSE FLUTTER WHEEL,  
SWEEP A QUARTER,  
DIVE THRU, CENTERS PASS THRU  
LEFT ALLEMANDE,  
SWING THE NEXT, PROMENADE

HDS STAR THRU, CALIFORNIA TWIRL,  
SLIDE THRU, PASS THRU, WHEEL AROUND,  
FLUTTERWHEEL, SWEEP A QUARTER,  
DIVE THRU, CENTERS SQUARE THRU 3,  
SWING CORNER, PROMENADE

HDS SQUARE THRU 4, SLIDE THRU, PASS THRU,  
BEND THE LINE, RIGHT & LEFT THRU,  
FLUTTERWHEEL, SWEEP A QUARTER,  
RIGHT & LEFT THRU, HALF SASHAY,  
SWING THE CORNER, PROMENADE

HDS RIGHT & LEFT THRU, then ROLLAWAY,  
HDS SLIDE THRU,  
RIGHT & LEFT THRU, ROLLAWAY,  
STAR THRU, CALIFORNIA TWIRL,  
REVERSE FLUTTERWHEEL, SWEEP A QUARTER,  
HALF SASHAY TWICE (SHE GOES, HE GOES)  
DO A LITTLE BOOGIE, SWING CORNER,  
PROMENADE

HDS SQUARE THRU 4 HANDS,  
RIGHT & LEFT THRU, VEER LEFT,  
CHAIN DOWN THE LINE,  
FLUTTERWHEEL, SWEEP A QUARTER,  
SQUARE THRU & ON 3RD HAND,  
SWING THE CORNER, PROMENADE

HDS SQUARE THRU 4,  
RIGHT & LEFT THRU, VEER LEFT,  
GIRLS TRADE, COUPLES CIRCULATE,  
BEND THE LINE, SLIDE THRU,  
PASS THRU, ALLEMANDE LEFT,  
SWING THE NEXT & PROMENADE

HDS STAR THRU AND PASS THRU,  
RIGHT & LEFT THRU, VEER LEFT,  
COUPLES CIRCULATE,  
CHAIN DOWN THE LINE<sup>2</sup>, FLUTTERWHEEL,  
SWEEP A QUARTER,  
SWING THE CORNER, PROMENADE

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<sup>2</sup> For another variation, substitute {BEND THE LINE & REVERSE FLUTTERWHEEL} for CHAIN DOWN THE LINE



# SSD Lesson Plans

## Lesson 7 of 12

<p>Teach This Lesson:</p> <ul style="list-style-type: none"> <li>Circle to a Line</li> <li>Separate <i>Around 1 or 2: (To a Line / Come Into the Middle)</i></li> <li>Split 2</li> <li>Wheel &amp; Deal</li> <li>Double Pass Thru</li> <li>First Couple Go Left/Right, Next Couple Go Right/Left</li> </ul>	<p>Previous Calls:</p> <ul style="list-style-type: none"> <li>Square Thru, Grand Square, Lead Right / Lead Left, Veer Left / Veer Right, Circulate (<i>Couples / Named Dancers</i>), Trade (<i>Couples / Named Dancer</i>), Chain Down the Line, Right &amp; Left Thru, Flutterwheel/ Reverse Flutterwheel, Sweep a Quarter</li> </ul>
<h3>Patter Modules</h3>	

HDS LEAD RIGHT, CIRCLE TO A LINE,  
PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT ... NEXT GO RIGHT,  
STAR THRU, SQUARE THRU 3,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

SDS ROLLAWAY, HDS PASS THRU,  
HEADS SEPARATE AROUND 1 TO A LINE,  
PASS THRU, U-TURN BACK, STAR THRU,  
DIVE THRU, CENTERS SQUARE THRU 3,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SQUARE SETS AT HOME

HDS HALF SASHAY AND PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
PASS THRU, BEND THE LINE, STAR THRU,  
RIGHT & LEFT THRU, DIVE THRU,  
CENTERS PASS THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, SQUARE SETS AT HOME

HDS STAR THRU, PASS THRU,  
SPLIT 2, AROUND 1 COME DOWN THE MIDDLE,  
STAR THRU, PASS THRU, ALLEMANDE LEFT,  
SQUARE SETS AT HOME

HDS PASS THRU, SEPARATE AROUND 1,  
COME INTO THE MIDDLE, SQUARE THRU 3,  
ALLEMANDE LEFT, SQUARE SETS AT HOME

HDS LEAD RIGHT, CIRCLE TO A LINE,  
PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU,  
FIRST COUPLE GO RIGHT... NEXT GO LEFT,  
STAR THRU, PASS THRU,  
ALLEMANDE LEFT, PROMENADE HOME

HDS STAR THRU, SQUARE THRU 3,  
SPLIT TWO, SEPARATE AROUND 1 TO A LINE,  
STAR THRU, CALIFORNIA TWIRL,  
RIGHT & LEFT THRU, VEER LEFT,  
COUPLES TRADE, WHEEL & DEAL,  
DIVE THRU, CENTERS SQUARE THRU 3,  
ALLEMANDE LEFT, SQUARE SETS AT HOME

HDS SEPARATE AROUND 1 TO A LINE,  
PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU  
FIRST COUPLE GO RIGHT ... NEXT GO LEFT  
SLIDE THRU, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, SQUARE SETS AT HOME

# SSD Lesson Plans

HDS SEPARATE & STAR THRU,  
DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT ... NEXT GO RIGHT,  
RIGHT & LEFT THRU,  
FLUTTERWHEEL, SWEEP A QUARTER,  
DIVE THRU, DOUBLE PASS THRU,  
LEADERS CALIFORNIA TWIRL, SLIDE THRU,  
PASS THRU, WHEEL & DEAL,  
CENTERS WHEEL AROUND, ALLEMANDE LEFT  
SQUARE SETS AT HOME

HDS SQUARE THRU 3  
SEPARATE AROUND 1, COME INTO THE MIDDLE,  
DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT ... NEXT GO RIGHT  
RIGHT & LEFT THRU, FLUTTERWHEEL,  
PASS THRU, WHEEL & DEAL,  
CENTERS SQUARE THRU 3, SLIDE THRU,  
PASS THRU, WHEEL & DEAL,  
CENTERS SLIDE THRU, BACK OUT YOU'RE HOME

HDS PASS THRU,  
SEPARATE AROUND 2 TO A LINE,  
STAR THRU ... ENDS CALIFORNIA TWIRL,  
CENTERS PASS THRU,  
SPLIT TWO, SEPARATE AROUND 1 TO A LINE,  
STAR THRU ... ENDS CALIFORNIA TWIRL,  
CENTERS PASS THRU,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SQUARE SETS AT HOME

## **SAV Modules**

HDS PASS THRU & WHEEL AROUND,  
HDS LEAD LEFT,  
VEER RIGHT, BOYS TRADE,  
COUPLES CIRCULATE,  
BEND THE LINE, FLUTTERWHEEL,  
PASS THRU, WHEEL & DEAL,  
CENTERS STAR THRU & BACK AWAY,  
OTHERS LEAD RIGHT, ALLEMANDE LEFT,  
SQUARE SETS AT HOME

HDS SEPARATE, ALL STAR THRU,  
HDS (original) SEPARATE (again),  
ALL STAR THRU, CENTERS LEFT SQUARE THRU 4,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SQUARE SETS AT HOME

HDS LEAD RIGHT, RIGHT & LEFT THRU,  
1/2 HALF SASHAY ...

*GIRLS IN FRONT OF THE BOYS*,  
GIRLS PASS THRU, STAR THRU, BOYS TRADE,  
CENTER COUPLES ... COUPLES TRADE,  
EACH SIDE WHEEL & DEAL to a line of four  
PASS THRU, WHEEL & DEAL,  
CENTERS FLUTTERWHEEL, CENTERS PASS THRU,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
SQUARE SETS AT HOME

HDS FLUTTERWHEEL, HDS LEAD RIGHT,  
CIRCLE TO A LINE, PASS THRU, WHEEL & DEAL,  
CENTERS SWEEP A QUARTER & PASS THRU,  
SEPARATE AROUND 2 TO A LINE,  
PASS THRU,  
WHEEL AROUND (with GIRLS BACKING UP)  
HALF SASHAY (HE GOES IN FRONT)  
FLUTTERWHEEL, STAR THRU, PASS THRU,  
ALLEMANDE LEFT, PROMENADE

# SSD Lesson Plans

## Singing Call Modules

### **Figures**

HDS LEAD RIGHT, CIRCLE TO A LINE,  
PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT, NEXT GO RIGHT,  
STAR THRU, SQUARE THRU 3,  
CORNER LADY SWING,  
SWING THAT GIRL & PROMENADE

HDS SQUARE THRU 4,  
SLIDE THRU, PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT, NEXT GO RIGHT,  
SQUARE THRU 3, SWING CORNER,  
PROMENADE

HDS SQUARE THRU 4,  
SPLIT TWO AROUND 1 TO A LINE,  
PASS THRU, U-TURN BACK,  
RIGHT & LEFT THRU, STAR THRU,  
DIVE THRU, CENTERS SQUARE THRU 3,  
SWING THE CORNER, PROMENADE

HDS LEAD RIGHT, CIRCLE TO A LINE,  
STAR THRU, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES CIRCULATE,  
WHEEL & DEAL, DIVE THRU,  
CENTERS PASS THRU, SQUARE THRU 3,  
SWING THE CORNER, PROMENADE

HDS STAR THRU, PASS THRU,  
RIGHT & LEFT THRU, VEER LEFT,  
COUPLES CIRCULATE, CHAIN DOWN THE LINE,  
FORWARD & BACK, PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU, FIRST COUPLE GO LEFT,  
NEXT GO RIGHT, ALL PROMENADE

HDS SEPARATE, ALL STAR THRU,  
CENTERS SQUARE THRU 4, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE, SLIDE THRU,  
SWING CORNER, PROMENADE

HDS STAR THRU, DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT, NEXT GO RIGHT,  
PASS THRU, WHEEL & DEAL,  
CENTERS LEFT SQUARE THRU 3,  
RIGHT & LEFT THRU, HALF SASHAY,  
SWING THE CORNER, PROMENADE

SDS ROLLAWAY, HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
PASS THRU, U-TURN BACK,  
PASS THRU, BEND THE LINE,  
RIGHT & LEFT THRU, FLUTTERWHEEL,  
SWEEP A QUARTER, SWING CORNER,  
PROMENADE HOME

HDS SQUARE THRU 3,  
SEPARATE AROUND 1 TO A LINE,  
STAR THRU, CENTERS PASS THRU,  
CIRCLE TO A LINE,  
PASS THRU, WHEEL & DEAL,  
CENTERS VEER RIGHT & LEFT  
SWING THE CORNER, PROMENADE

# SSD Lesson Plans

## Lesson 8 of 12

<p>Teach This Lesson:</p> <p>Ocean Wave Family  <i>Step to a Wave / Dosado to a Wave</i></p> <p>Alamo Style / Balance</p> <p>Trade (Named Dancers, Right/LEFT-HAND)</p> <p>Swing Thru</p> <p>Run / Cross Run</p>	<p>Previous Calls:</p> <p>Lead Right / Lead Left, Veer Left / Veer Right, Circulate (Couples / Named Dancers), Trade (Couples / Named Dancer), Chain Down the Line, Right &amp; Left Thru, Flutterwheel, Reverse Flutterwheel, Sweep a Quarter, Circle to a Line, Separate Around 1 or 2: (To a Line / Come Into the Middle), Split 2, Wheel &amp; Deal, Double Pass Thru, First Couple Go Left/Right, Next Couple Go Right/Left</p>
<h3>Patter Modules</h3>	

ALLEMANDE LEFT, ALAMO STYLE, BALANCE, SWING THRU, BALANCE, SWING THRU, RIGHT & LEFT GRAND, ARE YOU HOME?

HDS PASS THRU, WHEEL AROUND, SQUARE THRU 2, DOSADO TO A WAVE, SWING THRU, BOYS RUN, COUPLES CIRCULATE, WHEEL & DEAL, DIVE THRU, CENTERS PASS THRU, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE, GIRLS RUN, GIRLS CIRCULATE, BOYS TRADE, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS SQUARE THRU 2, SWING THRU, BOYS RUN, COUPLES CIRCULATE, GIRLS CROSS RUN, BOYS CROSS RUN, CHAIN DOWN THE LINE, SLIDE THRU, ALLEMANDE LEFT, HOME

HDS SQUARE THRU 4, STEP TO A WAVE, GIRLS TRADE, SWING THRU, BOYS RUN, COUPLES CIRCULATE, BEND THE LINE, SLIDE THRU, ALLEMANDE LEFT, PROMENADE HOME

HDS LEAD RIGHT, CIRCLE TO A LINE, SLIDE THRU, DOSADO TO A WAVE, SWING THRU, GIRLS CIRCULATE, BOYS TRADE, BOYS RUN, BEND THE LINE, SLIDE THRU, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS RIGHT & LEFT THRU, FLUTTERWHEEL, STAR THRU, PASS THRU, DOSADO TO A WAVE, SWING THRU, BOYS TRADE, BOYS RUN, COUPLES CIRCULATE, CHAIN DOWN THE LINE, SLIDE THRU, SWING THRU<sup>3</sup>, GIRLS CIRCULATE, BOYS TRADE, BOYS RUN, BEND THE LINE, SQUARE THRU ON 4th HAND, ALLEMANDE LEFT, GRAND RIGHT & LEFT, HOME

HDS SEPARATE, ALL STAR THRU, CENTERS SQUARE THRU 2, SWING THRU, BOYS TRADE, BOYS RUN, BEND THE LINE, PASS THRU, BEND THE LINE, SLIDE THRU, SWING THRU, BOYS TRADE, BOYS RUN, BEND THE LINE, SLIDE THRU, ALLEMANDE LEFT, HOME

<sup>3</sup> Teach ocean wave rule: part of a *Swing Thru* is "stepping to a wave."

# SSD Lesson Plans

HDS SQUARE THRU 4, DOSADO TO A WAVE,  
GIRLS TRADE, RIGHT HAND TRADE,  
BOYS CIRCULATE, BOYS RUN,  
BEND THE LINE, REVERSE FLUTTERWHEEL  
PASS THRU, WHEEL & DEAL,  
CENTERS FLUTTER WHEEL & PASS THRU,  
ALLEMANDE LEFT, PROMENADE HOME

HDS SQUARE THRU 2, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES CIRCULATE,  
GIRLS TRADE, GIRLS RUN,  
ALLEMANDE LEFT, YOU'RE HOME

HDS LEAD RIGHT, VEER LEFT,  
COUPLES CIRCULATE, GIRLS RUN,  
BOYS CROSS RUN, GIRLS TRADE,  
RIGHT HAND TRADE, REAR BACK ...  
GRAND RIGHT & LEFT,  
CLOSE TO HOME

HDS SQUARE THRU 4,  
SWING THRU ... GIRLS CIRCULATE,  
BOYS RUN,  
BEND THE LINE ... REVERSE FLUTTERWHEEL,  
PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU,  
FIRST COUPLE GO RIGHT ... NEXT GO LEFT,  
PASS THRU, WHEEL & DEAL,  
CENTERS SWEEP 1/4,  
ARE YOU HOME?

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE,  
GIRLS RUN, BOYS TRADE, LEFT HAND TRADE,  
BOYS CIRCULATE, GIRLS TRADE, GIRLS RUN,  
COUPLES CIRCULATE,  
BEND THE LINE ... FLUTTERWHEEL,  
PASS THRU, ALLEMANDE LEFT,  
PROMENADE HOME

## **SAV Modules**

HDS SQUARE THRU 4,  
DOSADO TO AN OCEAN WAVE,  
ALL RIGHT-HAND TRADE ...  
CENTERS LEFT-HAND TRADE<sup>4</sup>,  
BOYS RUN, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE, STAR THRU,  
DOSADO TO AN OCEAN WAVE,  
ALL RIGHT-HAND TRADE ...  
CENTERS LEFT-HAND TRADE,  
BOYS RUN, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE,  
PASS THRU, U-TURN BACK ONCE AND A HALF<sup>5</sup>,  
GRAND RIGHT & LEFT, HOME

HDS LEAD RIGHT, DOSADO TO A WAVE  
RIGHT-HAND TRADE,  
CENTERS LEFT-HAND TRADE,  
BOYS RUN, BEND THE LINE,  
PASS THRU, WHEEL & DEAL,  
CENTERS VEER RIGHT & VEER LEFT,  
STEP TO A WAVE, RIGHT-HAND TRADE,  
CENTERS LEFT-HAND TRADE, BOYS RUN,  
JUST COUPLES FACING OUT BEND THE LINE,  
ALL VEER RIGHT, HOME

HDS SQUARE THRU 4, DOSADO TO A WAVE,  
GIRLS TRADE, GIRLS RUN, COUPLES CIRCULATE,  
BOYS CROSS RUN, COUPLES CIRCULATE,  
GIRLS CIRCULATE, GIRLS RUN, BOYS TRADE,  
LEFT SWING THRU, GIRLS RUN,  
PROMENADE HOME

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<sup>4</sup> The sequence, "ALL RIGHT-HAND TRADE, CENTERS LEFT-HAND TRADE", may be replaced with "SWING THRU"

<sup>5</sup> Dancers should turn toward partners and allow their body flow to continue in same direction for the extra *half portion* and finish back to back.

# SSD Lesson Plans

## Singing Call Modules

### **Figures**

HDS SQUARE THRU 4, SWING THRU,  
BOYS RUN, BEND THE LINE,  
RIGHT & LEFT THRU,  
FLUTTERWHEEL, SLIDE THRU,  
SWING CORNER, PROMENADE

HDS PROMENADE HALFWAY,  
WALK IN AND SQUARE THRU 4,  
DOSADO TO WAVE, SWING THRU,  
BOYS RUN, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE INTO A PROMENADE

HDS SQUARE THRU 2, DOSADO TO A WAVE,  
SWING THRU, BOYS RUN, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE, SQUARE THRU 3,  
BOYS RUN, SWING CORNER, PROMENADE

HDS FLUTTERWHEEL, SQUARE THRU 2,  
SWING THRU, BOYS RUN,  
COUPLES CIRCULATE, BEND THE LINE,  
FORWARD & BACK,  
STAR THRU, PASS THRU,  
SWING THE CORNER, PROMENADE

HDS SQUARE THRU 4,  
DOSADO TO AN OCEAN WAVE,  
BALANCE,  
GIRLS TRADE, SWING THRU, BOYS TRADE,  
BOYS RUN, GIRLS TRADE, CALIFORNIA TWIRL,  
BOYS RUN,  
WRAP HER UP SWING, PROMENADE

### **Opener/Middle Break/Closer**

CIRCLE LEFT,  
ALLEMANDE LEFT IN ALAMO STYLE,  
BALANCE,  
SWING THRU IN THE ALAMO WAVE, BALANCE,  
SWING THRU IN THE ALAMO RING,  
TURN PARTNER RIGHT,  
ALLEMANDE LEFT, SWING, PROMENADE

4 LADIES CHAIN ACROSS THE RING,  
JOIN HANDS CIRCLE LEFT AROUND A WHILE,  
ALLEMANDE LEFT IN ALAMO STYLE,  
(shake that thing)  
SWING THRU ...  
RIGHT INTO GRAND RIGHT & LEFT,  
SWING, PROMENADE

### **SAV Figures**

HDS PASS THRU, WHEEL AROUND,  
LEAD LEFT, VEER RIGHT,  
GIRLS CIRCULATE, BOYS TRADE,  
BOYS RUN (in front of Girl), GIRLS TRADE,  
BOYS RUN, BOYS TRADE,  
HALF SASHAY, GIRLS TRADE,  
HALF SASHAY, PROMENADE

HDS SQUARE THRU 4, SPLIT THE OUTSIDE 2,  
ROUND 1 TO A LINE, FORWARD UP & BACK,  
PASS THRU, U-TURN BACK, RIGHT & LEFT THRU,  
SQUARE THRU 3 HANDS,  
GIRLS START TO RUN LEFT,  
TAKE HER BY THE HAND & PROMENADE HOME

# SSD Lesson Plans

## Lesson 9 of 12

<p>Teach This Lesson:</p> <p>Pass the Ocean</p> <p>Extend</p> <p>Zoom</p>	<p>Previous Calls:</p> <p>Right &amp; Left Thru, Flutterwheel, Reverse Flutterwheel, Sweep a Quarter, Circle to a Line, Separate <i>Around 1 or 2: (To a Line / Come Into the Middle)</i>, Split 2, Wheel &amp; Deal, Double Pass Thru, First Couple Go Left/Right, Next Couple Go Right/Left, Ocean Wave Family, <i>Step to a Wave / Dosado to a Wave</i>, Alamo Style / Balance, Trade (<i>Named Dancers, Right/LEFT-HAND</i>), Swing Thru, Run / Cross Run</p>
<h3>Patter Modules</h3>	

HDS PASS THE OCEAN, EXTEND, SWING THRU, BOYS RUN, COUPLES CIRCULATE, CHAIN DOWN LINE, SQUARE THRU ON 4th HAND, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS SQUARE THRU 4, SWING THRU, BOYS RUN, BEND THE LINE, PASS THE OCEAN, SWING THRU, BOYS RUN, BEND THE LINE, SLIDE THRU, ALLEMANDE LEFT, HOME

HDS SEPARATE & STAR THRU, ZOOM, ZOOM, DOUBLE PASS THRU, FIRST COUPLE GO LEFT ... NEXT GO RIGHT, FORWARD & BACK, PASS THRU, WHEEL & DEAL, ZOOM, CENTERS SQUARE THRU 3, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS LEAD RIGHT, CIRCLE TO A LINE, PASS THE OCEAN, SWING THRU, BOYS TRADE, BOYS RUN, COUPLES CIRCULATE, CHAIN DOWN THE LINE, FLUTTERWHEEL, SLIDE THRU, SQUARE THRU 3, ALLEMANDE LEFT, PROMENADE

HDS SLIDE THRU, RIGHT & LEFT THRU, ZOOM, DOUBLE PASS THRU, FIRST COUPLE GO RIGHT ... NEXT GO LEFT, FORWARD & BACK, PASS THRU, WHEEL & DEAL, ZOOM, CENTERS RIGHT & LEFT THRU, ZOOM, CENTERS SQUARE THRU 3, ALLEMANDE LEFT, GRAND RIGHT & LEFT, SQUARE SETS AT HOME

HDS REVERSE FLUTTERWHEEL, HDS LEAD LEFT, VEER RIGHT, COUPLES CIRCULATE, BEND THE LINE, PASS THRU, BEND THE LINE, PASS THRU, WHEEL & DEAL, ZOOM, CENTERS STAR THRU, BACK OUT YOU'RE HOME

HDS FLUTTERWHEEL, SWEEP A QUARTER, ZOOM, CENTERS RIGHT & LEFT THRU, DOUBLE PASS THRU, LEADERS U-TURN BACK, DOSADO\* TO A WAVE, SWING THRU, BOYS RUN, RIGHT & LEFT THRU, PASS THRU, WHEEL & DEAL, CENTERS STAR THRU, CENTERS PASS THE OCEAN, EXTEND, SWING THRU, GIRLS CIRCULATE, BOYS TRADE, TURN PARTNER RIGHT, LOOK FOR CORNER ALLEMANDE LEFT, SHORT PROMENADE

\* (with same sex)

# SSD Lesson Plans

HDS LEAD RIGHT, CIRCLE TO A LINE,  
PASS THE OCEAN, EXTEND,  
CENTERS SWING THRU,  
OUTSIDE 4 U-TURN BACK,  
EXTEND, BOYS RUN, BEND THE LINE,  
PASS THRU, WHEEL & DEAL,  
CENTERS VEER RIGHT, CENTER GIRLS RUN LEFT,  
CENTERS CHAIN DOWN THE LINE,  
SQUARE YOUR SETS

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
EXTEND, CENTERS SWING THRU,  
OUTSIDE 4 U-TURN BACK,  
EXTEND, GIRLS TRADE, SWING THRU,  
BOYS RUN, COUPLES TRADE,  
HALF COUPLES CIRCULATE, ALL BEND THE LINE,  
YOU'RE HOME

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
BOYS RUN, BEND THE LINE,  
PASS THRU, WHEEL & DEAL, BOYS ZOOM  
DOUBLE PASS THRU,  
FIRST COUPLE GO RIGHT ... NEXT GO LEFT,  
PASS THRU, WHEEL & DEAL, GIRLS ZOOM,  
CENTERS SQUARE THRU 3, ALLEMANDE LEFT,  
PROMENADE HOME

HDS PASS THE OCEAN, EXTEND,  
BOYS RUN, BOYS TRADE, COUPLES CIRCULATE,  
BEND THE LINE ... FLUTTERWHEEL,  
PASS THE OCEAN, RIGHT HAND TRADE,  
EXTEND ... GRAND RIGHT & LEFT,  
MEET AT HOME

## **SAV Module**

HDS LEAD RIGHT, PASS THE OCEAN, (EACH WAVE) SWING THRU,  
BOYS RUN, BOYS TRADE, CHAIN DOWN THE LINE,  
DIVE THRU, CENTERS PASS THRU,  
PASS THE OCEAN, (EACH WAVE) SWING THRU,  
BOYS RUN, BOYS TRADE, CHAIN DOWN THE LINE,  
FLUTTERWHEEL, CENTERS REVERSE WHEEL AROUND,  
CENTERS PASS THRU, SQUARE THRU 3,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE



# SSD Lesson Plans

## Singing Call Modules

### **Figures**

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
BOYS RUN, COUPLES CIRCULATE,  
CHAIN DOWN THE LINE, STAR THRU,  
DIVE THRU, CENTERS SQUARE THRU 3,  
SWING THE CORNER & PROMENADE

HDS PROMENADE HALFWAY ... COME INTO THE  
MIDDLE AND PASS THE OCEAN,  
EXTEND, SWING THRU, BOYS RUN,  
BEND THE LINE, REVERSE FLUTTERWHEEL,  
PASS THRU,  
BOYS RUN ONCE, GIRLS RUN TWICE,  
SWING THE CORNER & PROMENADE

HDS PASS THRU, WHEEL AROUND,  
LEAD LEFT, VEER RIGHT,  
GIRLS CIRCULATE WHILE BOYS TRADE,  
BEND THE LINE, FLUTTERWHEEL,  
PASS THE OCEAN, GIRLS TRADE,  
SWING THRU,  
SWING THE CORNER & PROMENADE

HDS LEAD RIGHT, PASS THE OCEAN,  
SWING THRU,  
BOYS RUN, BOYS TRADE,  
CHAIN DOWN THE LINE,  
STAR THRU, PASS THRU, WHEEL & DEAL,  
DOUBLE PASS THRU,  
FIRST COUPLE GO LEFT, NEXT COUPLE GO LEFT,  
BOYS ROLL BACK & PROMENADE YOUR CORNER

HDS SEPARATE, EVERYONE STAR THRU,  
CENTERS PASS THE OCEAN, EXTEND,  
SWING THRU, BOYS RUN RIGHT,  
BEND THE LINE, REVERSE FLUTTERWHEEL,  
SQUARE THRU 3, BOYS RUN,  
SWING THE CORNER & PROMENADE

HDS PROMENADE HALFWAY, PASS THE OCEAN,  
EXTEND, SWING THRU, BOYS RUN,  
WHEEL & DEAL, RIGHT & LEFT THRU,  
DIVE THRU, CENTERS SQUARE THRU 3,  
SWING THE CORNER & PROMENADE

HDS PROMENADE 3/4, SIDES WHEEL AROUND,  
ALL VEER RIGHT, BEND THE LINE,  
RIGHT & LEFT THRU & COURTESY TURN 1/4 MORE,  
GIRLS TRADE, GIRLS RUN,  
GIRLS CIRCULATE, BOYS TRADE,  
GIRLS RUN, WHEEL AROUND & PROMENADE

HDS SQUARE THRU 4, ALL SQUARE THRU 2,  
BEND THE LINE, PASS THE OCEAN, BALANCE,  
BOYS CIRCULATE 2 TIMES,  
GIRLS CIRCULATE 2 TIMES,  
SWING THE CORNER & PROMENADE

HDS LEAD RIGHT, CIRCLE TO A LINE,  
STAR THRU, DIVE THRU, ZOOM  
CENTERS STAR THRU & PASS THE OCEAN,  
VERY CENTERS TRADE, EXTEND, BOYS TRADE,  
SWING THE CORNER & PROMENADE

HDS PASS THRU, SEPARATE AROUND 1 TO LINE,  
FORWARD AND BACK, SLIDE THRU,  
CENTERS RIGHT & LEFT THRU, ZOOM,  
CENTERS SQUARE THRU 3,  
SWING THE CORNER & PROMENADE

### **SAV Figure**

HDS PROMENADE HALFWAY, COME INTO THE  
MIDDLE AND PASS THE OCEAN, EXTEND,  
GIRLS TRADE, BOYS RUN, BOYS TRADE,  
BEND THE LINE, HALF SASHAY ONCE & A HALF  
(Boys in front of the Girls) DOUBLE PASS THRU,  
BOYS U-TURN BACK,  
SWING THE CORNER & PROMENADE

# SSD Lesson Plans

## Lesson 10 of 12

<p>Teach This Lesson:</p> <ul style="list-style-type: none"> <li>Centers In</li> <li>Cast Off 3/4</li> <li>Ferris Wheel</li> <li>Partner Trade</li> <li>Trade By</li> </ul>	<p>Previous Calls:</p> <p>Circle to a Line, Separate <i>Around 1 or 2: (To a Line / Come Into the Middle)</i>, Split 2, Wheel &amp; Deal, Double Pass Thru, First Couple Go Left/Right, Next Couple Go Right/Left, Ocean Wave Family, <i>Step to a Wave / Dosado to a Wave</i>, Alamo Style / Balance, Trade (<i>Named Dancers, Right/LEFT-HAND</i>), Swing Thru, Run / Cross Run, Pass the Ocean, Extend, Zoom</p>
<h3>Patter Modules</h3>	

HDS LEAD RIGHT, CIRCLE TO A LINE,  
 PASS THRU, WHEEL & DEAL,  
 DOUBLE PASS THRU, CENTERS IN, CAST OFF 3/4,  
 PASS THRU, WHEEL & DEAL,  
 DOUBLE PASS THRU, CENTERS IN, CAST OFF 3/4,  
 PASS THRU, WHEEL & DEAL,  
 DOUBLE PASS THRU, CENTERS IN, CAST OFF 3/4,  
 SLIDE THRU, SQUARE THRU 3,  
 ALLEMANDE LEFT, GRAND RIGHT AND LEFT,  
 PROMENADE

HDS STAR THRU, DOUBLE PASS THRU,  
CENTERS IN, CAST OFF 3/4,  
 STAR THRU, DOUBLE PASS THRU,  
 FIRST COUPLE GO LEFT, NEXT GO RIGHT,  
 PASS THRU, WHEEL & DEAL,  
 ZOOM, CENTERS SQUARE THRU 3,  
 ALLEMANDE LEFT, GRAND RIGHT & LEFT

HDS PASS THE OCEAN, EXTEND,  
 SWING THRU, BOYS RUN,  
 WHEEL & DEAL, PASS THRU,  
TRADE BY, SLIDE THRU TWICE,  
 ALLEMANDE LEFT,  
 GRAND RIGHT & LEFT, YOU'RE HOME

HDS SQUARE THRU 4, SWING THRU, BOYS RUN,  
FERRIS WHEEL, CENTERS PASS THRU,  
 ALLEMANDE LEFT, YOU'RE HOME

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
 BOYS RUN, FERRIS WHEEL,  
 CENTERS STAR THRU,  
 PASS THRU, PARTNER TRADE, ARE YOU HOME?

HDS PROMENADE HALFWAY ...  
 COME INTO THE MIDDLE AND PASS THE OCEAN,  
 EXTEND, SWING THRU, BOYS RUN,  
FERRIS WHEEL, CENTERS STAR THRU,  
 BACK AWAY AT HOME

HDS STAR THRU, DOUBLE PASS THRU,  
CENTERS IN, CAST 3/4,  
 STAR THRU, DOUBLE PASS THRU,  
CENTERS IN, CAST 3/4,  
 STAR THRU, CENTERS SLIDE THRU, PASS THRU,  
PARTNER TRADE,  
 ARE YOU HOME?

# SSD Lesson Plans

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
PASS THRU, WHEEL & DEAL, GIRLS PASS THRU,  
STAR THRU, BOYS TRADE, FERRIS WHEEL,  
CENTERS PASS THRU, PASS THRU, TRADE BY,  
STAR THRU, PASS THRU, WHEEL & DEAL,  
ZOOM, DOUBLE PASS THRU,  
CENTERS IN, CAST OFF 3/4,  
SLIDE THRU ... CENTERS DO IT DOUBLE AND  
BACK AWAY,  
SQUARE SETS AT HOME

HDS LEAD LEFT, VEER RIGHT, FERRIS WHEEL,  
CENTERS FLUTTERWHEEL, DOUBLE PASS THRU,  
CENTERS IN, CAST OFF 3/4,  
CENTERS PASS THRU, CENTERS RUN,  
STAR THRU, TRADE BY,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
PROMENADE HOME

HDS LEAD RIGHT, CIRCLE TO A LINE,  
PASS THRU, CAST OFF 3/4,  
CENTERS PASS THRU, CENTERS RUN,  
SLIDE THRU, CENTERS SWING THRU,  
EXTEND, CENTERS TRADE, CAST OFF 3/4,  
GIRLS TRADE, SWING THRU, BOYS RUN,  
BEND THE LINE, SLIDE THRU,  
ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
ARE YOU HOME?

HDS SQUARE THRU 2, PASS THRU, TRADE BY,  
RIGHT & LEFT THRU, VEER LEFT,  
GIRLS TRADE, ALL PARTNER TRADE,  
BOYS TRADE, FERRIS WHEEL, ZOOM,  
CENTERS STAR THRU ... BACK OUT AT HOME

## **SAV Modules**

HEADS SQUARE THRU 4, DOSADO TO A WAVE,  
SWING THRU, BOYS RUN, BOYS CIRCULATE,  
GIRLS TRADE, FERRIS WHEEL,  
SUPER SWEEP (all sweep home)

HDS SQUARE THRU 2, SWING THRU,  
CAST OFF 3/4, CENTERS CIRCULATE,  
CENTERS TRADE, CAST OFF 3/4,  
GIRLS TRADE, SWING THRU,  
GRAND RIGHT & LEFT, PROMENADE

HDS LEAD LEFT, VEER RIGHT, FERRIS WHEEL,  
CENTERS HALF SASHAY, CENTERS PASS THRU,  
DOSADO TO AN OCEAN WAVE, CENTERS TRADE,  
CAST OFF 3/4, GIRLS TRADE,  
SWING THRU, GRAND RIGHT & LEFT,  
PROMENADE HOME

## **HOT HASH**

**(close up timing gaps & increase tempo)**

HDS SQUARE THRU 4,  
PASS THRU, TRADE BY,  
STAR THRU, PASS THRU,  
BEND THE LINE, STAR THRU,  
PASS THRU, TRADE BY, STAR THRU,  
PASS THRU, BEND THE LINE, STAR THRU,  
PASS THRU, TRADE BY, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, ON 3rd HAND DO  
ANOTHER GRAND RIGHT & LEFT,  
ARE YOU HOME?

# SSD Lesson Plans

## Singing Call Modules

### Figures

HDS PASS THE OCEAN, EXTEND, SWING THRU, BOYS RUN, WHEEL & DEAL, RIGHT & LEFT THRU, PASS THRU, TRADE BY, STAR THRU, CALIFORNIA TWIRL ONCE & A HALF SWING THE CORNER, PROMENADE

HDS SQUARE THRU, SWING THRU, BOYS RUN, FERRIS WHEEL, CENTERS RIGHT & LEFT THRU *A FULL TURN*, SWING THE CORNER, PROMENADE

HDS PROMENADE HALFWAY ...  
COME DOWN THE MIDDLE PASS THE OCEAN, EXTEND, SWING THRU, BOYS RUN, FERRIS WHEEL, CENTERS VEER LEFT, CENTERS VEER RIGHT, ALL VEER RIGHT, BOYS TRADE, COUPLES CIRCULATE, PROMENADE

HDS PROMENADE HALFWAY, SQUARE THRU 4, RIGHT & LEFT THRU, VEER LEFT, FERRIS WHEEL, CENTERS SWEEP A QUARTER, CENTERS LEAD RIGHT, SWING CORNER, PROMENADE

HDS SEPARATE AROUND 1 ...  
COME DOWN THE MIDDLE, CENTERS SWING THRU, EXTEND, SWING THRU, BOYS RUN, FERRIS WHEEL, CENTERS VEER LEFT, CENTER GIRLS TRADE, ALL THE GIRLS PASS THRU, SWING CORNER, PROMENADE

HDS LEAD RIGHT, VEER LEFT, GIRLS CIRCULATE, FERRIS WHEEL, DOUBLE PASS THRU, LEADERS PARTNER TRADE, SLIDE THRU, PASS THE OCEAN, SWING THRU, SWING CORNER, PROMENADE

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE, FERRIS WHEEL, CENTERS PASS THRU, RIGHT & LEFT THRU, SQUARE THRU 3, TRADE BY, ALLEMANDE LEFT, GRAND RIGHT & LEFT, SWING, PROMENADE

HDS LEAD LEFT, VEER RIGHT, BOYS TRADE, FERRIS WHEEL, CENTERS PASS THRU, RIGHT & LEFT THRU, SQUARE THRU 3, TRADE BY, ALLEMANDE LEFT, GRAND RIGHT & LEFT, SWING, PROMENADE

HDS STAR THRU, DOUBLE PASS THRU, LEADERS PARTNER TRADE, PASS THRU, TRADE BY, RIGHT & LEFT THRU, VEER LEFT, FERRIS WHEEL ...

CENTERS SWEEP A QUARTER & LEAD RIGHT, SWING CORNER, PROMENADE

HDS STAR THRU, DOUBLE PASS THRU, CENTERS IN, CAST OFF 3/4, STAR THRU, DOUBLE PASS THRU, ZOOM<sup>6</sup>, LEADERS TRADE, SWING THRU, SWING THRU AGAIN, CORNER LADY SWING, PROMENADE

HDS PROMENADE HALFWAY WHILE  
SDS MOVE IN AND SQUARE THRU, PASS THRU, TRADE BY, STAR THRU, PASS THRU, CAST OFF 3/4, PASS THRU, PARTNER TRADE, SLIDE THRU, SWING CORNER PROMENADE

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<sup>6</sup> From *Completed Double Pass Thru* may require workshopping.

# SSD Lesson Plans

HDS LEAD RIGHT, VEER LEFT, GIRLS CIRCULATE,  
FERRIS WHEEL, DOUBLE PASS THRU,  
LEADERS PARTNER TRADE, SLIDE THRU,  
PASS THE OCEAN, SWING THRU,  
SWING CORNER, PROMENADE

## **SAV Figures**

HDS SQUARE THRU, RIGHT & LEFT THRU,  
PASS THRU, TRADE BY, RIGHT & LEFT THRU,  
PASS THRU, TRADE BY,  
2 HAND CIRCLE LEFT & BOOGIE,  
SWING THAT GIRL, PROMENADE

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
BOYS RUN,  
FERRIS WHEEL, CENTERS SWEEP A QUARTER,  
CENTERS LEAD RIGHT, SWING THRU,  
BOYS TRADE, BOYS RUN,  
REVERSE WHEEL AROUND, (girls back up),  
PROMENADE

HDS BOX THE GNAT, HDS SQUARE THRU 2,  
DOSADO TO AN OCEAN WAVE, SINGLE HINGE,  
CENTERS TRADE, CAST OFF 3/4,  
BOYS TRADE, BOYS RUN, FERRIS WHEEL,  
ZOOM, CENTERS SLIDE THRU & BOX THE GNAT,  
PULL BY, FIND THE CORNER, SWING AND  
PROMENADE

# SSD Lesson Plans

## Lesson 11 of 12

<p>Teach This Lesson:</p> <p>Box the Gnat</p> <p>Hinge (<i>Single / Couples</i>)</p> <p>Touch 1/4</p> <p>Circulate (<i>Named Dancers / All 8 / Single File</i>)</p> <p>Tag the Line / Half Tag</p>	<p>Previous Calls:</p> <p>Ocean Wave Family, <i>Step to a Wave / Dosado to a Wave</i>, Alamo Style / Balance, Trade (<i>Named Dancers, Right/LEFT-HAND</i>), Swing Thru, Run / Cross Run, Pass the Ocean, Extend, Zoom, Centers In, Cast Off 3/4, Ferris Wheel, Partner Trade, Trade By</p>
<h3>Patter Modules</h3>	

HDS SQUARE THRU 4, TOUCH 1/4, GIRLS RUN, BOX THE GNAT, RIGHT & LEFT THRU, STAR THRU, DIVE THRU, CENTERS SQUARE THRU 3, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS SQUARE THRU 4, DOSADO TO A WAVE, GIRLS TRADE, SWING THRU, SINGLE HINGE, BOYS RUN, SLIDE THRU, ALLEMANDE LEFT, HOME

HDS PASS THE OCEAN, EXTEND, SWING THRU, BOYS RUN, COUPLES CIRCULATE, TAG THE LINE – RIGHT, BEND THE LINE, BOX THE GNAT, RIGHT & LEFT THRU, FLUTTERWHEEL, SQUARE THRU ON THE 4<sup>TH</sup> HAND, ALLEMANDE LEFT, HOME

HDS LEAD RIGHT, CIRCLE TO A LINE, BOX THE GNAT, CHANGE GIRLS (face partner), SQUARE THRU 3, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS SEPARATE AROUND 1 TO A LINE, PASS THE OCEAN, SWING THRU DOUBLE, BALANCE, CIRCULATE, SWING THRU DOUBLE, BALANCE, CIRCULATE, ALL CROSS RUN, ALLEMANDE LEFT, HOME

HDS FLUTTERWHEEL, HDS SQUARE THRU 2, SWING THRU, BOX THE GNAT<sup>7</sup>, SLIDE THRU, STAR THRU, PASS THRU, ALLEMANDE LEFT PROMENADE (short)

HDS LEAD RIGHT, CIRCLE TO A LINE, TOUCH 1/4, CIRCULATE, BOYS RUN, ALLEMANDE LEFT, GRAND RIGHT & LEFT, PROMENADE

HDS LEAD RIGHT, CIRCLE TO A LINE, DOSADO TO A (TIDAL) WAVE, (EACH WAVE) SWING THRU<sup>8</sup>, BOYS RUN, COUPLES HINGE, COUPLES CIRCULATE, BEND THE LINE, SLIDE THRU, SQUARE THRU 3, ALLEMANDE LEFT, PROMENADE (short)

HDS BOX THE GNAT & PULL BY, SEPARATE AROUND 1 TO A LINE, PASS THE OCEAN, SINGLE HINGE, CENTERS TRADE, SWING THRU, GIRLS RUN, PASS THRU, TAG THE LINE CENTERS IN, ALLEMANDE LEFT, HOME

<sup>7</sup> Workshop *Box the Gnat* from waves beforehand!

<sup>8</sup> Explain the difference between *Swing Thru* and *Grand Swing Thru*.

# SSD Lesson Plans

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
PASS THRU, TAG THE LINE – LEFT,  
FERRIS WHEEL, GIRLS PASS THRU,  
BOYS COURTESY TURN THE GIRLS,  
TOUCH 1/4, CIRCULATE,  
BOYS RUN, PASS THRU, TRADE BY,  
BOX THE GNAT, GRAND RIGHT & LEFT,  
PROMENADE

HDS TOUCH 1/4, BOYS RUN, TOUCH 1/4,  
CENTERS TRADE, BOYS TRADE, GIRLS TRADE,  
CENTERS TRADE, RIGHT-HAND TRADE,  
CENTERS TRADE, BOYS TRADE, GIRLS TRADE,  
CENTERS TRADE, BOYS RUN, REVERSE FLUTTER,  
TOUCH 1/4 ...  
BOYS SHAKE LEFT-HANDS & PULL BY,  
GRAND RIGHT & LEFT, PROMENADE.

HDS BOX THE GNAT, HDS SLIDE THRU  
SWING THRU, BOYS TRADE, SINGLE HINGE,  
BOYS RUN, REVERSE FLUTTER, HALF SASHAY,  
BOX THE GNAT, RIGHT & LEFT THRU,  
PASS THRU, WHEEL & DEAL,  
CENTERS VEER RIGHT & LEFT,  
SWING THRU, SINGLE HINGE,  
BOYS RUN, REVERSE FLUTTER, HALF SASHAY,  
BOX THE GNAT, RIGHT & LEFT THRU,  
PASS THRU, TAG THE LINE – IN,  
SQUARE THRU 4,  
GRAND RIGHT & LEFT, PROMENADE

HDS RIGHT & LEFT THRU,  
SDS BOX THE GNAT & SQUARE THRU 4,  
CENTERS IN, CAST OFF 3/4,  
CENTERS WHEEL AROUND (girl wheel boy)  
EVERYONE WHEEL AROUND (boys wheel girls),  
HALF SASHAY,  
GRAND RIGHT & LEFT, ARE YOU HOME?

HDS SQUARE THRU 4, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES HINGE,  
CENTER COUPLES TRADE, COUPLES HINGE,  
FERRIS WHEEL, CENTERS PASS THRU,  
RIGHT & LEFT THRU,  
VEER LEFT, COUPLES HINGE,  
CENTER COUPLES TRADE,  
COUPLES HINGE, FERRIS WHEEL,  
CENTERS VEER LEFT & RIGHT,  
LEFT BOX THE GNAT, LEFT PULL BY,  
GRAND RIGHT & LEFT, HOME

HDS STAR THRU, LEFT SQUARE THRU 3,  
RIGHT & LEFT THRU,  
VEER LEFT, COUPLES HINGE,  
CENTER COUPLES TRADE,  
CENTER COUPLES WHEEL AROUND,  
EACH LINE BEND THE LINE,  
RIGHT & LEFT THRU, VEER LEFT,  
COUPLES HINGE,  
CENTER COUPLES TRADE,  
CENTER COUPLES WHEEL AROUND,  
EACH LINE BEND THE LINE, ALLEMANDE LEFT,  
HOME

HDS REVERSE FLUTTERWHEEL & LEAD LEFT,  
LEFT SWING THRU,  
LEFT HINGE, GIRLS RUN, FLUTTERWHEEL,  
PASS THRU, TAG THE LINE – IN,  
BOX THE GNAT, RIGHT & LEFT THRU,  
PASS THE OCEAN, CIRCULATE ONCE & A HALF,  
SLIDE THRU, CELEBRATE!

HDS LEAD RIGHT, RIGHT & LEFT THRU,  
VEER LEFT, COUPLES CIRCULATE,  
HALF TAG, SINGLE HINGE, BOYS TRADE,  
SWING THRU, GIRLS RUN, COUPLES CIRCULATE,  
HALF TAG, BOYS RUN, PASS THE OCEAN,  
BOYS CIRCULATE, GIRLS TRADE,  
SWING THRU, EXTEND  
GRAND RIGHT & LEFT, HOME

# SSD Lesson Plans

## Singing Call Modules

### Figures

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
BOX THE GNAT, RIGHT & LEFT THRU,  
PASS THRU, TRADE BY, SWING THRU,  
ALL 8 CIRCULATE, RIGHT & LEFT GRAND  
SWING, PROMENADE

HDS BOX THE GNAT, SQUARE THRU 2,  
DOSADO SAME SEX TO AN OCEAN WAVE,  
SINGLE HINGE, CENTERS TRADE, BOYS RUN,  
PASS THE OCEAN, ALL 8 CIRCULATE TWICE,  
SWING CORNER, PROMENADE

HDS SQUARE THRU 4,  
SLIDE THRU, PASS THE OCEAN,  
ALL 8 CIRCULATE, SINGLE HINGE,  
GIRLS RUN, SLIDE THRU, TRADE BY,  
BOX THE GNAT,  
CHANGE HANDS COURTESY TURN ...  
BLEND INTO A PROMENADE HOME

HDS SQUARE THRU 4, SWING THRU,  
BOYS TRADE, BOYS RUN,  
TAG THE LINE – RIGHT,  
BEND THE LINE,  
BOX THE GNAT, CHANGE GIRLS,  
GRAND RIGHT & LEFT,  
SWING, PROMENADE

HDS LEAD RIGHT, VEER LEFT,  
COUPLES CIRCULATE, TAG THE LINE – RIGHT,  
BEND THE LINE,  
BOX THE GNAT, SQUARE THRU 2,  
TRADE BY, ALLEMANDE LEFT, COME BACK  
SWING, PROMENADE

HDS TOUCH 1/4, HD BOYS RUN  
ALL TOUCH 1/4, ALL GIRLS RUN  
BOX THE GNAT, RIGHT & LEFT THRU  
FLUTTERWHEEL AND SWEEP A QUARTER MORE  
BOX THE GNAT, GRAND RIGHT & LEFT,  
SWING, PROMENADE

HDS PROMENADE 3/4, SDS WHEEL AROUND,  
ALL VEER RIGHT, BEND THE LINE,  
TOUCH 1/4, CIRCULATE, SINGLE HINGE,  
GIRLS TRADE,  
GIRLS RUN, COUPLES HINGE, GIRLS RUN,  
BOYS RUN,  
TAKE HER BY THE HAND & PROMENADE

HDS PASS THRU,  
SEPARATE AROUND 1, TO A LINE  
DANCE FORWARD & BACK,  
PASS THRU, HALF TAG, SINGLE HINGE,  
GIRLS RUN, BOX THE GNAT,  
SQUARE THRU 3  
SWING CORNER, PROMENADE

HDS SQUARE THRU 4, SWING THRU,  
BOYS RUN, TAG THE LINE – LEFT,  
FERRIS WHEEL, CENTERS PASS THRU,  
SWING CORNER, PROMENADE

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
BOYS RUN, COUPLES HINGE,  
CENTER COUPLES TRADE,  
CENTER COUPLES WHEEL AROUND,  
EACH LINE BEND THE LINE,  
RIGHT & LEFT THRU, HALF SASHAY,  
CORNER SWING, PROMENADE



# SSD Lesson Plans

## Lesson 12 of 12

<p>Teach This Lesson:</p> <p>Circulate (<i>Split / Box</i>)</p> <p>Fold / Cross Fold</p> <p>Scoot Back</p> <p>Recycle</p>	<p>Previous Calls:</p> <p>Pass the Ocean, Extend, Zoom, Centers In, Cast Off <math>\frac{3}{4}</math>, Ferris Wheel, Partner Trade, Trade By, Box the Gnat, Hinge (<i>Single / Couples</i>), Touch <math>\frac{1}{4}</math>, Tag the Line / Half Tag, Circulate (<i>Named Dancers / All 8 / Single File</i>)</p>
<h3>Patter Modules</h3>	

HDS SQUARE THRU 4, TOUCH  $\frac{1}{4}$ ,  
SCOOT BACK, BOYS RUN, PASS THRU,  
 PARTNER TRADE, SLIDE THRU,  
 ALLEMANDE LEFT, HOME

HDS SQUARE THRU, TOUCH  $\frac{1}{4}$  ,  
SCOOT BACK, SINGLE HINGE, GIRLS TRADE,  
RECYCLE, PASS THRU, TRADE BY, TOUCH  $\frac{1}{4}$ ,  
SCOOT BACK, SINGLE HINGE, GIRLS TRADE,  
RECYCLE, ALLEMANDE LEFT, GRAND RIGHT & LEFT,  
 ON THE 3rd HAND BOX THE GNAT ...  
 WRONG WAY GRAND,  
 MEET PARTNER SLIDE THRU, HOME

HDS PASS THE OCEAN, RECYCLE, PASS THRU,  
 TOUCH  $\frac{1}{4}$ , SCOOT BACK, BOYS RUN,  
 PASS THE OCEAN, RECYCLE,  
 BOX THE GNAT, GRAND RIGHT & LEFT,  
 PROMENADE

HDS PASS THE OCEAN, EXTEND, SINGLE HINGE,  
SCOOT BACK, BOYS RUN, SQUARE THRU 2,  
 TRADE BY, TOUCH  $\frac{1}{4}$ , SCOOT BACK,  
 SINGLE HINGE, GIRLS TRADE, RECYCLE,  
 DIVE THRU, CENTERS SQUARE THRU 3,  
 ALLEMANDE LEFT, HOME

HDS SQUARE THRU, TOUCH  $\frac{1}{4}$ ,  
SCOOT BACK, BOYS FOLD, GIRLS RIGHT PULL BY,  
 BOYS COURTESY TURN THE GIRLS,  
 FLUTTERWHEEL, SLIDE THRU,  
 ALLEMANDE LEFT, HOME

HDS LEAD RIGHT, RIGHT & LEFT THRU,  
 HALF SASHAY, TOUCH  $\frac{1}{4}$ , SCOOT BACK,  
 SINGLE HINGE, SCOOT BACK, CHECK WAVES ...  
 ENDS CIRCULATE, CENTERS TRADE,  
SCOOT BACK, GIRLS RUN, SQUARE THRU 2,  
 GRAND RIGHT & LEFT, PROMENADE

HDS SEPARATE AROUND 1 TO A LINE,  
 PASS THE OCEAN,  
 BOYS CIRCULATE, GIRLS TRADE,  
 SWING THRU, SINGLE HINGE, SCOOT BACK,  
SPLIT CIRCULATE, SCOOT BACK,  
 SINGLE HINGE, BOYS CROSS FOLD,  
 GRAND RIGHT & LEFT, PROMENADE

HDS SQUARE THRU 2, SWING THRU,  
 SINGLE HINGE, SCOOT BACK, SPLIT CIRCULATE,  
 BOYS RUN, PASS THRU, ENDS CROSS FOLD,  
 CENTERS SPLIT 2 ... AROUND 1 TO A LINE,  
 ENDS SLIDE THRU, SQUARE YOUR SETS

HDS PASS THE OCEAN, SINGLE HINGE,  
BOX CIRCULATE TWICE,  
 GIRLS DO A BACK FLIP WITH HALF TWIST,  
 ARE YOU HOME?

HDS LEAD RIGHT, TOUCH  $\frac{1}{4}$ , SCOOT BACK,  
 SINGLE HINGE, GIRLS CROSS RUN, BOYS TRADE,  
RECYCLE, VEER RIGHT,  
 FERRIS WHEEL ... HALF SASHAY,  
 CENTERS PASS THRU, GRAND RIGHT & LEFT,  
 PROMENADE HOME

# SSD Lesson Plans

HDS LEAD LEFT, VEER RIGHT, BOYS TRADE,  
CAST OFF 3/4, REVERSE FLUTTERWHEEL,  
DO 1/2 OF A HALF SASHAY, GIRLS PASS THRU,  
LEFT TOUCH 1/4, BOYS TRADE,  
RECYCLE, VEER RIGHT, PROMENADE

HDS PASS THE OCEAN, EXTEND, SWING THRU, BOYS  
RUN, COUPLES CIRCULATE,  
HALF TAG, SCOOT BACK,  
SINGLE HINGE, GIRLS TRADE,  
SWING THRU DOUBLE, RECYCLE,  
CENTERS FACE IN, BACK OUT, HOME

HDS SQUARE THRU 2, TOUCH 1/4,  
GIRLS FOLD, DOUBLE PASS THRU,  
BOYS PARTNER TRADE,  
TOUCH 1/4, BALANCE,  
ALL 8 CIRCULATE, BOYS CROSS FOLD,  
LEFT PULL BY, GRAND RIGHT & LEFT, HOME

HDS STAR THRU, DOUBLE PASS THRU,  
FIRST COUPLE GO RIGHT ... NEXT GO LEFT,  
PASS THRU, GIRLS FOLD, STAR THRU,  
GIRLS TRADE, GIRLS RUN, BOYS TRADE,  
RECYCLE, VEER RIGHT, GIRLS CIRCULATE,  
BOYS TRADE, GIRLS FOLD,  
GRAND RIGHT & LEFT, PROMENADE SHORT

HDS SQUARE THRU 4,  
TOUCH 1/4, SPLIT CIRCULATE,  
SINGLE HINGE, ALL 8 CIRCULATE,  
RECYCLE, VEER LEFT, GIRLS TRADE,  
COUPLES CIRCULATE, GIRLS RUN,  
ALLEMANDE LEFT, HOME

HDS LEAD RIGHT, TOUCH 1/4,  
SPLIT CIRCULATE, BOYS FOLD,  
DOUBLE PASS THRU ... FACE LEFT,  
COUPLES CIRCULATE, BOYS TRADE,  
BEND THE LINE, TWO LADIES CHAIN ...  
BUT TURN HER JUST ENOUGH TO PROMENADE

## **SAV Modules**

HDS LEAD RIGHT, TOUCH 1/4, SPLIT CIRCULATE,  
SCOOT BACK, SPLIT CIRCULATE, SCOOT BACK,  
SINGLE HINGE, BOYS TRADE, BOYS RUN,  
BEND THE LINE,  
LEFT TOUCH 1/4, CIRCULATE ONCE & A HALF,  
CENTER SIX CAST OFF 3/4,  
CENTER WAVE BACK OUT,  
THE OTHER COUPLES BEND THE LINE, HOME

HDS SEPARATE & STAR THRU,  
CENTERS RIGHT & LEFT THRU,  
ALL DOUBLE PASS THRU,  
CENTERS IN, CAST OFF 3/4,  
CENTERS PASS THRU, SINGLE HINGE,  
ENDS CROSS FOLD, CENTERS SWING THRU,  
EXTEND, CENTERS TRADE,  
SINGLE HINGE, SCOOT BACK,  
BALANCE, ALL 8 CIRCULATE,  
GRAND RIGHT & LEFT, PROMENADE SHORT

HDS PASS THRU, WHEEL AROUND,  
HALF SASHAY, SQUARE THRU 2, TOUCH 1/4,  
SCOOT BACK, SINGLE HINGE, CENTERS TRADE,  
SCOOT BACK, BOYS RUN, RIGHT & LEFT THRU,  
TOUCH 1/4, BOYS SHAKE LEFT-HANDS, PULL BY,  
GRAND RIGHT & LEFT

HDS LEAD LEFT, ALL VEER RIGHT,  
BEND THE LINE,  
TOUCH 1/4, SPLIT CIRCULATE,  
SINGLE HINGE, GIRLS TRADE,  
RECYCLE,  
REVERSE FLUTTER, SWEEP A QUARTER,  
VEER RIGHT, BEND THE LINE, TOUCH 1/4,  
CIRCULATE ONCE & A HALF,  
CENTER SIX CAST OFF 3/4,  
CENTER WAVE BACK OUT,  
SIDES BEND THE LINE, HOME

# SSD Lesson Plans

## Singing Call Modules

### **Figures**

HDS SQUARE THRU 4, TOUCH 1/4,  
SCOOT BACK, BOYS RUN,  
RIGHT & LEFT THRU, TURN 1/4 MORE,  
GIRLS TRADE, GIRLS RUN, BOYS CROSS RUN,  
SWING CORNER, PROMENADE

HDS PASS THE OCEAN,  
EXTEND, RECYCLE,  
REVERSE FLUTTERWHEEL, VEER RIGHT,  
FERRIS WHEEL, CENTERS WHEEL AROUND,  
TOUCH 1/4, SCOOT BACK, SCOOT BACK AGAIN,  
SWING CORNER, PROMENADE

HDS SWING THRU, BOX THE GNAT,  
SQUARE THRU 2, RIGHT & LEFT THRU,  
TOUCH 1/4, SCOOT BACK, SPLIT CIRCULATE,  
GIRLS FOLD, DOUBLE PASS THRU,  
BOYS GO RIGHT, GIRLS GO LEFT,  
GIRLS JUMP IN HIS ARMS, SWING, PROMENADE

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
SWING THRU AGAIN, FANCY BALANCE,  
ALL 8 CIRCULATE, SINGLE HINGE, SCOOT BACK,  
TWO LADIES CHAIN ACROSS ... TURN 'EM BOYS,  
CHAIN 'EM BACK & ALL PROMENADE

HDS REVERSE FLUTTERWHEEL, HDS LEAD LEFT,  
ALL VEER RIGHT, FERRIS WHEEL,  
CENTERS VEER RIGHT, CENTERS VEER LEFT,  
SWING THRU, BOYS RUN,  
HALF TAG, SCOOT BACK,  
SWING CORNER, PROMENADE

HDS PROMENADE 3/4, SDS WHEEL AROUND  
ALL VEER RIGHT, BEND THE LINE  
TOUCH 1/4, CIRCULATE, SINGLE HINGE, GIRLS  
TRADE, RECYCLE, JUST THE BOYS SCOOT BACK,  
SWING CORNER, PROMENADE

HDS PASS THE OCEAN, EXTEND,  
GIRLS TRADE, SINGLE HINGE,  
SPLIT CIRCULATE, BOYS RUN RIGHT,  
BOX THE GNAT, PASS THRU, ENDS FOLD,  
DIVE THRU,  
CENTERS PASS THRU, SWING, PROMENADE

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
PASS THRU, ENDS CROSS FOLD,  
TOUCH 1/4, SPLIT CIRCULATE,  
BOYS RUN RIGHT, PASS THRU,  
WHEEL & DEAL, CENTERS VEER RIGHT & LEFT,  
SWING CORNER, PROMENADE

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
FORWARD & BACK  
TOUCH 1/4, JUST CENTERS BOX CIRCULATE,  
ALL 8 CIRCULATE,  
BOYS RUN, REVERSE FLUTTERWHEEL,  
VEER RIGHT, BOYS TRADE,  
ALL PROMENADE

HDS TOUCH 1/4, HD BOYS RUN,  
TOUCH 1/4, SCOOT BACK,  
SPLIT CIRCULATE,  
GIRLS FOLD, BOYS PASS THRU,  
STAR THRU, GIRLS TRADE,  
FERRIS WHEEL, CENTERS PASS THRU,  
SWING CORNER, PROMENADE

### ***{Right-Hand Lady Change}***

HDS SQUARE THRU 2, TOUCH 1/4,  
SPLIT CIRCULATE, SINGLE HINGE,  
BOYS CIRCULATE, GIRLS CIRCULATE  
RECYCLE, VEER LEFT, FERRIS WHEEL  
CENTERS PASS THRU,  
SWING CORNER, PROMENADE

# SSD Lesson Plans

## **SAV Figures**

HDS LEFT SQUARE THRU,  
LEFT DOSADO TO A LEFT-HAND WAVE,  
BOYS TRADE, RECYCLE, VEER RIGHT,  
BEND THE LINE, FLUTTERWHEEL, SLIDE THRU,  
SWING CORNER, PROMENADE

HDS LEAD RIGHT, PASS THE OCEAN (*tidal wave*),  
GIRLS TRADE, RECYCLE (to a line of four),  
PASS THRU, BEND THE LINE,  
TOUCH 1/4, CIRCULATE ... FACE IN,  
PASS THRU, WHEEL & DEAL,  
CENTERS SQUARE THRU 3,  
SWING CORNER, PROMENADE

HDS PASS THE OCEAN,  
EXTEND & SINGLE HINGE,  
ALL 8 CIRCULATE, CENTERS RUN,  
FERRIS WHEEL, CENTERS PASS THRU,  
TOUCH 1/4, SPLIT CIRCULATE,  
SCOOT BACK, SCOOT BACK,  
SWING CORNER, PROMENADE

HDS PASS THE OCEAN, EXTEND, SWING THRU,  
SWING THRU AGAIN, FANCY BALANCE,  
EVERYONE CIRCULATE, SINGLE HINGE,  
SCOOT BACK,  
TWO LADIES CHAIN ACROSS ... TURN 'EM BOYS,  
CHAIN 'EM BACK & ALL PROMENADE

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
TOUCH 1/4, JUST CENTERS BOX CIRCULATE,  
SINGLE FILE CIRCULATE,  
BOYS RUN, RIGHT & LEFT THRU,  
SWING THRU, BOYS RUN,  
REVERSE WHEEL AROUND,  
ALL PROMENADE

# SSD Lesson Plans

## **Extended Application Modules**

The modules presented in this section are considered Extended Application (EA) and as such are beyond the scope of what new dancers are expected to learn during an SSD class. This is **workshop** material that should be used with care. Like pepper and spice in a dish, a little goes a long way. Too much renders the dish inedible.

HDS LEAD LEFT, ALL VEER RIGHT,  
LEADERS WHEEL AROUND,  
PASS THRU, TAG THE LINE – OUT,  
COUPLES TRADE,  
PASS THRU, BEND THE LINE,  
TAG THE LINE – IN,  
PASS THRU, WHEEL & DEAL,  
CENTERS SWEEP A QUARTER, HOME

HDS WRONG WAY PROMENADE 3/4,  
SIDES LEFT SQUARE THRU, ON THE 3rd HAND,  
LEFT DOSADO ONCE & A HALF, ALL TOUCH 1/4,  
SCOOT BACK, BOYS FOLD, GIRLS PASS THRU,  
TOUCH 1/4, REAR BACK ...  
GRAND RIGHT & LEFT, PROMENADE

HDS SEPARATE AROUND TO 3 TO A LINE,  
RIGHT & LEFT THRU,  
PASS THE OCEAN, GIRLS TRADE,  
GIRLS CIRCULATE 2 TIMES, SWING THRU,  
BALANCE, SWING THRU,  
BOYS CIRCULATE 2 TIMES,  
GIRLS TRADE & CIRCULATE 1 TIME,  
SWING THRU, GIRLS CIRCULATE 2 & 1/2 TIMES,  
BOYS TRADE & CIRCULATE 1 & 1/2 TIMES,  
GRAND RIGHT & LEFT,  
ARE YOU HOME?

HDS LEAD RIGHT, ALL VEER LEFT,  
COUPLES CIRCULATE,  
BEND THE LINE, PASS THRU, WHEEL & DEAL,  
SUPER SWEEP (all sweep home)

HDS FLUTTERWHEEL, SWEEP A QUARTER,  
VEER LEFT,  
DIAGONAL FACING BOXES RIGHT & LEFT THRU,  
DIAGONAL FACING BOXES FLUTTERWHEEL,  
DIAGONAL FACING BOXES REVERSE  
FLUTTERWHEEL,  
CENTER LINE CHAIN DOWN THE LINE,  
ARE YOU HOME?

HDS PASS THRU, WHEEL AROUND,  
HALF SASHAY, SQUARE THRU 2,  
CENTERS IN, CAST OFF 3/4,  
CENTERS WHEEL AROUND, (girl wheel boy)  
EVERYONE WHEEL AROUND (boy wheel girl)  
HALF SASHAY, SIDES SWING (each other)  
SQUARE SETS AT HOME

HDS LEAD RIGHT, SWING THRU,  
GIRLS CROSS RUN (to the far center)  
GIRLS RUN,  
FERRIS WHEEL, CENTERS WHEEL AROUND,  
FLUTTERWHEEL, REVERSE FLUTTERWHEEL,  
VEER RIGHT, FERRIS WHEEL,  
CENTER WHEEL AROUND, FLUTTERWHEEL,  
REVERSE FLUTTERWHEEL, HALF SASHAY,  
SLIDE THRU, PARTNER TRADE ONCE & A HALF,  
GRAND RIGHT & LEFT, PROMENADE

**STATIC SQUARE:**  
ALL PARTNER TRADE ONCE & A HALF,  
GIRLS STAR LEFT HALF, BOYS RUN,  
BOYS STAR LEFT HALF, BEND THE LINE,  
4 GIRLS FLUTTERWHEEL,  
4 BOYS REVERSE FLUTTERWHEEL,  
EVERYBODY CELEBRATE!!!

# SSD Lesson Plans

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
PASS THRU, WHEEL & DEAL,  
GIRLS RIGHT ARM TURN 1/2, STAR THRU,  
BOYS TRADE, WHEEL AND DEAL,  
PASS THRU, CENTERS PASS THRU,  
FIRST COUPLE GO RIGHT ... NEXT GO LEFT,  
PASS THRU, WHEEL & DEAL,  
CENTERS SLIDE THRU, BACK OUT AT HOME

HDS PASS THRU,  
SEPARATE AROUND 1 TO A LINE,  
STAR THRU, DOUBLE PASS THRU  
LEADERS CALIFORNIA TWIRL,  
DOSADO TO A WAVE, GIRLS TRADE,  
GIRLS RUN, BOYS CROSS RUN,  
GIRLS TRADE, COUPLES CIRCULATE,  
GIRLS RUN LEFT, BOYS CROSS RUN,  
GIRLS CROSS RUN (think left),  
BOYS TRADE, ALLEMANDE LEFT, HOME

HDS RIGHT & LEFT THRU,  
SDS SQUARE THRU but ON THE 3rd HAND ...  
PASS THE OCEAN,  
EXTEND, GIRLS TRADE, SWING THRU,  
BALANCE,  
CIRCULATE ONCE & 1/4, FACE IN,  
CELEBRATE

HDS LEAD RIGHT, PASS THRU,  
PARTNER TRADE ONCE & A HALF (tidal waves)  
BOYS TRADE, BOYS RUN, BEND THE LINE,  
STAR THRU, PASS THRU,  
PARTNER TRADE ONCE & A HALF,  
GRAND RIGHT & LEFT, PROMENADE

HDS LEAD LEFT, VEER RIGHT,  
WHEEL AROUND, GIRLS TRADE, GIRLS RUN,  
BOYS CROSS RUN,  
GIRLS TRADE, GIRLS RUN,  
WHEEL & DEAL, GRAND RIGHT & LEFT,  
PROMENADE HOME

HDS SQUARE THRU 4, SLIDE THRU,  
PASS THRU, WHEEL AROUND ONCE AND A HALF  
GIRLS TRADE, GIRLS RUN, ALL 8 CIRCULATE  
LEFT SWING THRU, GIRLS RUN,  
WHEEL AROUND, CHAIN DOWN THE LINE,  
PASS THRU, WHEEL & DEAL,  
CENTERS STAR THRU ... BACK OUT,  
YOU'RE HOME

HDS LEAD RIGHT, VEER LEFT, GIRLS TRADE,  
CAST OFF 3/4, FLUTTERWHEEL,  
RIGHT & LEFT THRU, PASS THRU,  
CAST OFF 3/4, CENTERS PASS THRU,  
SAME SEX TRADE, ENDS PASS THRU,  
PARTNER TRADE & FACE YOUR PARTNER,  
GRAND RIGHT & LEFT, PROMENADE

HDS LEAD LEFT, VEER RIGHT, BOYS TRADE,  
CAST OFF 3/4, REVERSE FLUTTERWHEEL,  
PASS THRU, CAST OFF 3/4, CENTERS PASS THRU,  
CENTERS CROSS RUN, PASS THRU,  
CAST OFF 3/4, CENTERS PASS THRU,  
CENTERS CROSS RUN,  
ALLEMANDE LEFT, SHORT PROMENADE

HDS SQUARE THRU 4, PASS THRU, TRADE BY,  
RIGHT & LEFT THRU, VEER LEFT,  
FERRIS WHEEL, CENTERS VEER LEFT,  
CENTERS VEER RIGHT, ALL VEER RIGHT,  
BOYS TRADE, CAST OFF 3/4,  
REVERSE FLUTTERWHEEL, SWEEP 1/4,  
PASS THRU, TRADE BY, ALLEMANDE LEFT,  
GRAND RIGHT & LEFT, ARE YOU HOME?

# SSD Lesson Plans

## *EA Singing Call Figures*

HDS PROMENADE HALFWAY,  
HDS HALF SASHAY, STAR THRU  
SLIDE THRU, PASS THRU, CALIFORNIA TWIRL,  
PASS THRU, WHEEL AROUND ONCE & A HALF,  
ROLLAWAY ONCE & A HALF  
TAKE THE ONE YOU ROLLED & PROMENADE

HDS PASS THRU, WHEEL AROUND, LEAD LEFT,  
ALL VEER RIGHT,  
COUPLES CIRCULATE, BOYS TRADE,  
WHEEL AROUND, CHAIN DOWN THE LINE,  
FORWARD & BACK, STAR THRU,  
PASS THRU, SWING THE CORNER,  
PROMENADE HOME

HDS PROMENADE HALFWAY WHILE ...  
SDS LEFT SQUARE THRU 4, LEFT TOUCH 1/4,  
CENTERS TRADE, ALL LEFT HAND TRADE,  
CENTERS TRADE, CAST OFF 3/4,  
EXTEND ... LEFT ALLEMANDE,  
SWING THE CORNER, PROMENADE

HDS SQUARE THRU 4, SWING THRU,  
BOYS CROSS RUN, GIRLS TRADE,  
GIRLS RUN, COUPLES HINGE, BEND THE LINE,  
RIGHT & LEFT THRU, HALF SASHAY,  
SWING THE ONE YOU'RE FACING, PROMENADE

HDS LEAD RIGHT, VEER LEFT,  
GIRLS CROSS RUN, COUPLES CIRCULATE,  
TAG THE LINE – RIGHT, FERRIS WHEEL,  
CENTERS SQUARE THRU 3,  
PASS THRU, SWING CORNER, PROMENADE

HDS PASS THRU, SEPARATE AROUND 1 TO A LINE,  
PASS THRU, HALF TAG, BALANCE,  
GIRLS TRADE, SWING THRU, SCOOT BACK,  
SWING THE CORNER, PROMENADE